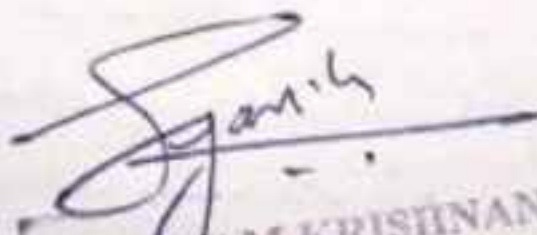


Name/Title of the Activity/Event	Medical camp
Date	23/3/2019
Resource Persons	Dr. Mini Grace (ESI Hospital)
Collaborations	ASAP/NSS
Venue	MMNSS college (Auditorium)
Link (if online):	—
Number of Participants:	100
Brief report of the Activity/Event	<p>NCC unit conducted a medical camp for the public on 23/3/2019. The camp was organised in association with ESI hospital, Kottiyam. Public from nearby places, teachers, students participated. Blood pressure, blood sugar & ECG measurements were done. NCC cadets also made posters relating the importance of health & hygiene, Health & food habits etc. The medical camp started at 9.30 am & continued till 1 pm. Those who were diagnosed with high/low blood sugar or blood pressure were given advised to take suitable medications & to change life style & food habits.</p>

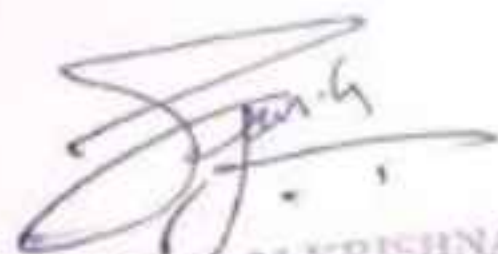

 Dr. SYAM KRISHNAN, K
 Assoc. N.C.C. Officer
 M.M.N.S.S. College, Kottiyam

Name/Title of the Activity/Event	Flood Relief
Date	August-2018
Resource Persons	—
Collaborations	—
Venue	MMNSS college, Kollam collectorate Palnaram Chitta district (Kozhancherry)
Link (if online):	—
Number of Participants:	25
Brief report of the Activity/Event	<p>NCC cadets of MMNSS college actively participated in the relief work of Kerala Flood-2018. Cadets collected essential commodities (soaps, buckets, New coverables, provisions) from teachers, students. Packing was done at college and handed over to the collection centre at Kollam collectorate. Our cadets also volunteered to help the functioning of relief activities at the collection centre. We also visited the disaster affected Kozhancherry area of Palnaram Chitta district & provided mattresses & other useful stuffs.</p>

D. SYAM KRISHNAN, K
 Assoc. N.C.C. Officer
 MMNSS, College, Kulliyam

NCC Unit - MMNSS College (Sub unit of 7 K Bn NCC, Kollam)

Name/Title of the Activity/Event	childrens day celebration
Date	14/11/2018
Resource Persons	—
Collaborations	ASAP
Venue	Anganwadi, Perayam, Kollam
Link (if online):	—
Number of Participants:	40
Brief report of the Activity/Event	<p>on November-14, childrens day NCC cadets & ASAP students visited Anganwadi at Chazhuthala (Perayam). They distributed sweets and interacted with the kids. Our students organised various cultural programs for the Anganwadi students. We spent around 3h at the Anganwadi. NCC officer Dr. Syam Krishnan.K & ASAP co-ordinator Mrs. Aswathy accompanied the students. The whole program has been enjoyable for both college students & kids.</p>


Dr. SYAM KRISHNAN. K
Asstt. N.C.C. Officer
M.M.N.S.S. College, Kollam

Name/Title of the Activity/Event	• Swachhtha hi seva (SHS)
Date	September - 2018
Resource Persons	—
Collaborations	—
Venue	Collage Premises, ESI hospital, Thezhumala road.
Link (if online):	—
Number of Participants:	80
Brief report of the Activity/Event	<p>SHS campaign was first launched on 15/9/2018 by the department of drinking water & sanitation under the ministry of Jal-shakti, Govt. of India. As a part of this campaign, our NCC unit conducted various cleanliness activities at college premises by streets. One day our program was extended towards cleaning the premises of ESI hospital, Kottiyam. To make the public aware of the importance of cleanliness, we conducted a rally in Kottiyam junction. NCC cadets prepared powerpoint presentations on the various aspects of cleanliness & conducted seminars for other students.</p>


DR. SYAM KRISHNAN, K
 Assoc. N.C.C. Officer
 MMNSS College, Kottiyam



Rally

Name/Title of the Activity/Event	(SBSI) Swachh Bharat Summer Internship-2018
Date	August 6- 2018
Resource Persons	—
Collaborations	—
Venue	Local area near collage, ^{Thozhuthala,} Road
Link (if online):	—
Number of Participants:	20
Brief report of the Activity/Event	<p>Central Government launched SBSI for enrolling students for promoting cleanliness in villages. 20 cadets of mmnss collage organized various activities in the Thozhuthala panchayat where the collage is located.</p> <p>(a) Door to door visits - cadets visited many house-holds near the collage and understood the waste management process. They advised to make compost pits for food waste and to recycle plastic.</p> <p>(b) Making of Compost-pits - cadets helped to make compost pits in <u>two</u> house holds.</p> <p>(c) wall paintings - To make public aware of the importance of waste management cadets cleaned the walls & painted beautiful pictures relating to cleanliness. Cadets also received certificates for their hard work.</p>

wall paintings



[Signature]
 DR. SVAM KRISHNAN, K
 Assoc. N.C.C. Officer
 M.M.N.S.S. College, Kottiyam

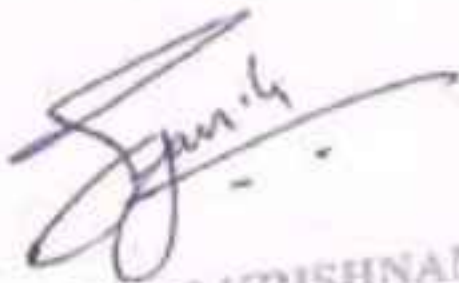
NCC Unit - MM NSS College (Sub unit of 7 K Bn NCC, Kollam)

Name/Title of the Activity/Event	DRUG AWARENESS MARATHON
Date	16/6/2019
Resource Persons	—
Collaborations	KERALA STATE EXCISE DEPT:
Venue	Peeranki ground → Kollam town
Link (if online):	—
Number of Participants:	06
Brief report of the Activity/Event	<p>NCC cadets participated in the monsoon marathon organized by the Kerala state excise dept. The theme of the marathon was "Run against drugs". As youth is more susceptible towards drug usage, this marathon aimed at inspiring youth & public for prioritizing physical activity & exercise over drug abuse. The marathon started from "Peeranki ground" near SN college & covered Kollam town and ended at the same location. Prizes were given for the first 'ten' positions. All our cadets were able to complete the marathon within good time limit.</p>


Dr. M. KRISHNAN, K
Assoc. N.C.C. Officer
M.M.N.S.S. College, Kottiyam

NCC Unit - MM NSS College (Sub unit of 7 K Bn NCC, Kollam)

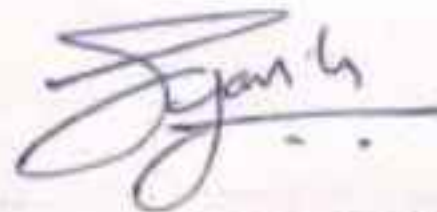
Name/Title of the Activity/Event	• Covid-19 mask distribution
Date	May 2020
Resource Persons	—
Collaborations	—
Venue	Kayankulam Police Station, Kottiyam police station, Pullikkorakku
Link (if online):	—
Number of Participants:	20
Brief report of the Activity/Event	<p>As a part of covid-19 relief campaign we distributed masks & sanitizer at different locations. NCC cadets also briefed the local public about the importance of using hand-sanitizer & wearing masks during the disastrous time. NCC cadets helped the civil authority by supplying masks & other cleaning items - cadets distributed covid-19 fighting items at Kottiyam police station, Kayankulam police station & pullikkorakku. (A small street in pullikkorakku).</p>


Dr. SYAM KRISHNAN, K
Assoc. N.C.C. Officer
MM.N.S.S. College, Kottiyam

Name/Title of the Activity/Event	Yoga
Date	21/6/2019
Resource Persons	—
Collaborations	7 K Bn NCC, Kollam
Venue	SN Public School, Kollam
Link (if online):	—
Number of Participants:	40 NCC cadets from mmnss college
Brief report of the Activity/Event	<p>Our NCC unit joined the Yoga day celebrations held at SN public school. 40 NCC cadets from mmnss college participated. Cadets understood the importance of practising Yoga as a way of life. In the 2h session basic techniques of Yoga & breathing exercises were demonstrated. Cadets were also provided refreshments after the program.</p>

Dr. SYAM KRISHNAN, K
 Asstt. N.C.C. Officer
 MMNSS College, Kottiyam

Name/Title of the Activity/Event	• Beach cleaning
Date	12/12/2019
Resource Persons	—
Collaborations	—
Venue	Thanni beach, Kollam
Link (if online):	—
Number of Participants:	16
Brief report of the Activity/Event	<p>NCC cadets as a part of Swachh Bharat hi sewa campaign organized a cleanliness drive at Thanni beach, about 15 km from Kottiyam. <u>16</u> cadets participated in the event. They collected plastic materials from the various parts of the beach. Cadets also briefed the local public about maintaining the beauty of our beaches. Cadets did this campaign for 3h at the beach and collected a good quantity of plastic stuffs. Cadets also pledged not to throw any waste at public places wherever or wherever they go.</p>



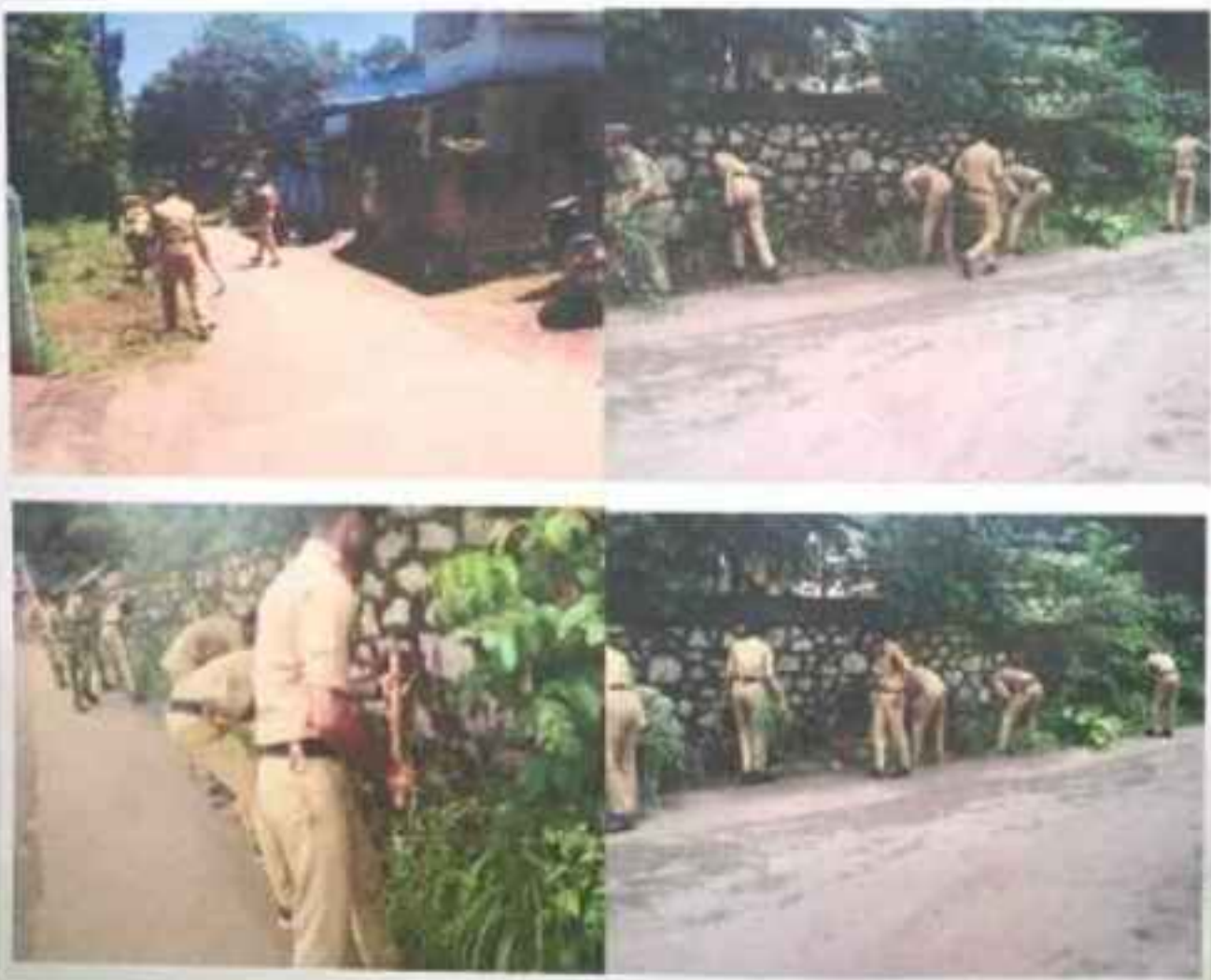
Dr. SYAM KRISHNAN, K
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 M.M.N.S.S. College, Kottiyam

NCC Unit - MM NSS College (Sub unit of 7 K Bn NCC, Kollam)

Name/Title of the Activity/Event	Grandhi Jayanti (Swatantra Bharat Abhiyan)
Date	2/10/2019
Resource Persons	—
Collaborations	—
Venue	Anganwadi Thozhurula, Street road Puzham-Thozhurula
Link (if online):	—
Number of Participants:	200
Brief report of the Activity/Event	<p>NCC unit organised various cleaning programs on Grandhi Jayanti- 2019. Cadets cleaned the premises of kuttayam ESI road & Puzham-Thozhurula road. NCC cadets visited Anganwadi at Thozhurula & extended the campaign. Around <u>20</u> cadets participated the cleanliness activity at anganwadi. Three different batches of NCC cadets organised the programs at different venues.</p>

[Handwritten Signature]

Dr. SVAMIKRISHNAN, K
 Assoc. N. C. Officer
 MMNSS College, Kollam



Name/Title of the Activity/Event	COVID-19 Duty at Public Places
Date	May - 2020
Resource Persons	—
Collaborations	NCC Kollam group HQ
Venue	Kollam Harbour
Link (if online):	—
Number of Participants:	5
Brief report of the Activity/Event	<p>NCC cadets served as volunteers for controlling crowd at public places. We selected fishing harbours as the hot spots as there will be huge crowd usually during morning. We were able to maintain discipline & social distancing at fishing harbours in Kollam district. Cadets controlled traffic in the area & checked each vehicle passing through the locality. Cadets briefed the fishermen as well as the customers about covid-protocols. Local public also supported cadets by following discipline. Cadets received certificates for their extension activity.</p>

Dr. SYAM KRISHNAN, K
 Assoc. N.C.C. Officer
 M.M.N.S.S. College, Kottiyam

Name/Title of the Activity/Event	Yoga day celebration
Date	21/6/2020
Resource Persons	—
Collaborations	—
Venue	Home
Link (if online):	online
Number of Participants:	40
Brief report of the Activity/Event	<p>Due to covid-19, we observed Yoga day by doing Yoga at home itself. 40 cadets of mm nss college sincerely undertook this activity on June 21st. We conducted a google meet a day before the program to organize the process. Cadets tried basic Yoga techniques & breathing exercises. All of them shared photos in an ncc group and Senior Cadet Nidhan M compiled all those photos in to a single image. The object of the program was to raise awareness about the ancient practice & to celebrate its physical & spiritual powers.</p>

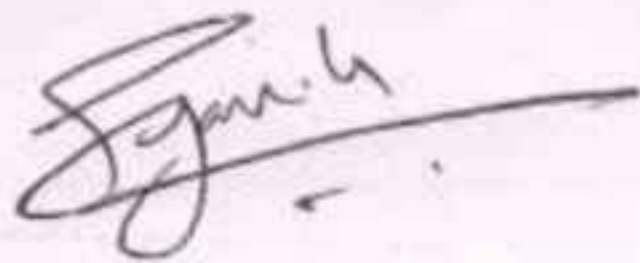

 Dr. SYAM KRISHNAN, K
 Assoc. N.C.C. Officer
 M.M.N.S.S. College, Kottiyam

Name/Title of the Activity/Event	Yoga day celebrations
Date	21/6/2020
Resource Persons	-
Collaborations	-
Venue	Home
Link (if online):	online
Number of Participants:	40
Brief report of the Activity/Event	<p>Due to Covid-19, we observed Yoga day by doing Yoga at home itself. 40 cadets of mm nss college sincerely undertake this activity on June 21st. We conducted a google meet a day before the program to organize the process. Cadets tried basic Yoga techniques & breathing exercises. All of them shared photos in our ncc group and Senior Cadet Nidhan M compiled all those photos in to a single image. The object of the program was to raise awareness about the ancient practice & to celebrate its physical & spiritual powers.</p>

Dr. SYAM KRISHNAN, K
 Assoc. N.C.C. Officer
 M.M.N.S.S. College, Kottiyam

NCC Unit - MMNSS College (Sub unit of 7 K Bn NCC, Kollam)

Name/Title of the Activity/Event	International Day Against Drug Abuse
Date	26/6/2020
Resource Persons	-
Collaborations	-
Venue	online
Link (if online):	-
Number of Participants:	30
Brief report of the Activity/Event	<p>We observed "International day against drug abuse" by conducting online activities. cadets took pledge to stay away from the use of Narcotics. A few cadets made placards & posters to raise awareness about the ill effects of drugs. The whole event was coordinated by NCC senior cadets by maintaining all covid-19 protocols.</p>



E. SIVAN KRISHNAN, K
 Assoc. N.C.C. Officer
 M.M.N.S.S. College, Kottiyam

Name/Title of the Activity/Event	FIT INDIA FREEDOM RUN
Date	August - October 2020
Resource Person	—
Collaborations	—
Venue	Cadet's local Area
Link (if online):	—
Number of Participants:	100
Brief report of the Activity/Event	<p>Fit India movement of Youth affairs & Sports organized Fit India freedom run from 15 Aug - 2nd Oct '2020. The aim of the campaign was to encourage fitness and avoid laziness, stress anxiety & diseases. our NCC cadets actively participated in the event. During covid this event helped all of them to remain fit & avoid tensions. Cadets found suitable locations in their area & conducted various physical activities (jogging & warm up exercises) every day maintaining all covid protocols. Not only this, cadets motivated parents, siblings, neighbors, friends & relatives.</p>

[Signature]
 DR. SYAM KRISHNAN
 Assoc. N.C.C. Officer
 MMNSS College, Kollam



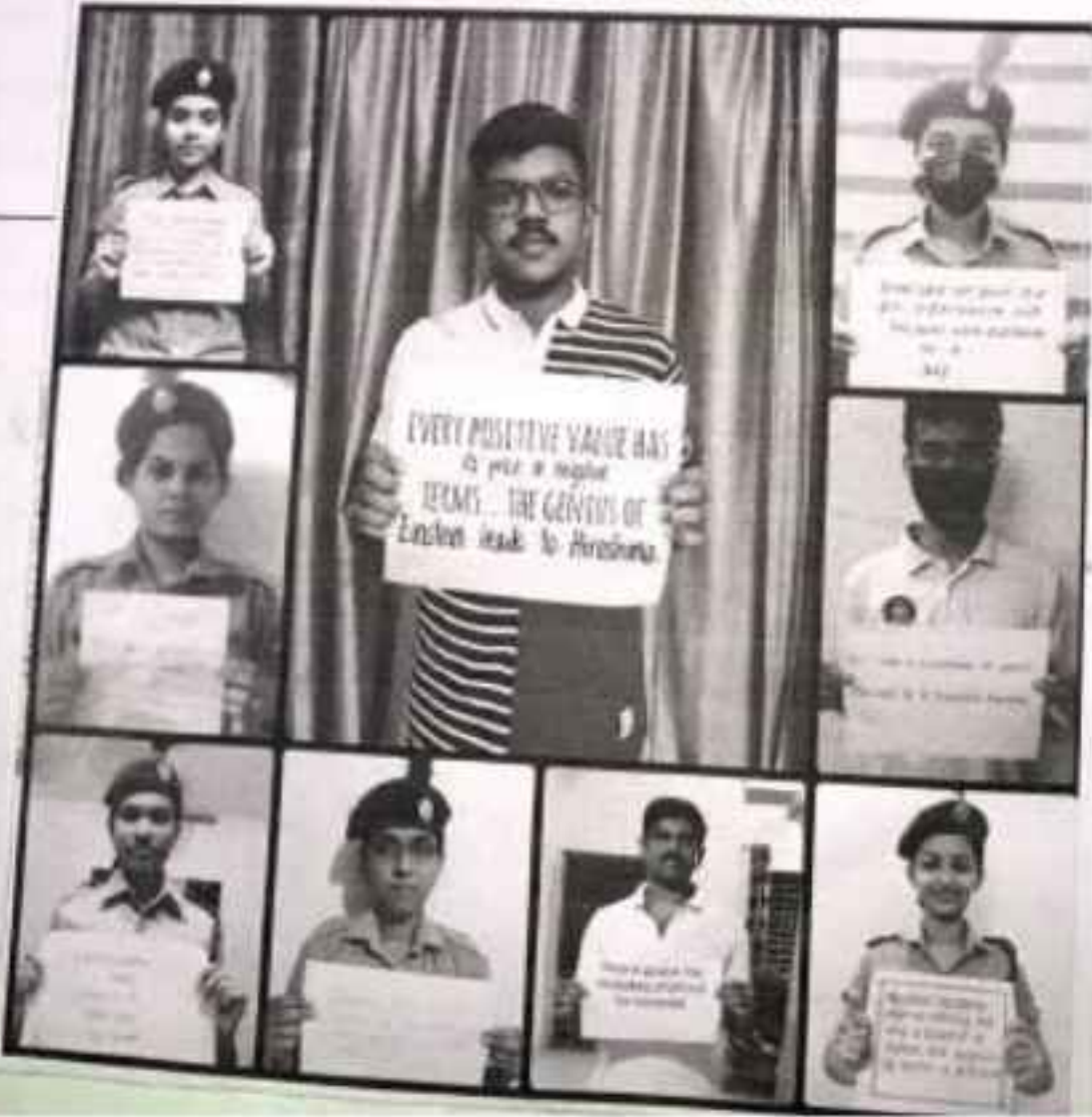
Name/Title of the Activity/Event	HIROSHIMA DAY
Date	6/8/2021
Resource Persons	-
Collaborations	-
Venue	
Link (if online):	-
Number of Participants:	40

Brief report of the Activity/Event

NCC unit organized an awareness program on 6/8/21, Hiroshima day. Cadets prepared nice posters on the theme and presented. We received about 15 posters highlighting the important events related to Hiroshima tragedy.

[Signature]
 Dr. SYAM KRISHNAN, K
 Assoc. N.C.C. Officer
 MMNSS College, Kottiyam


**MANNAM MEMORIAL NSS COLLEGE,
 KOTTIYAM
 7 [K] BN NCC KOLLAM**



IQAC
MMNSS COLLEGE
KOTTIYAM

REPORT 2021-2022

Name of the Club/ Department:	National Cadet Corps
Title of the event:	Webinar on Career Prospects
Date :	11/08/2021
Name of resource person & title of presentation	Captain Saikumar R Pillai (Retd) Army as a Career
Collaborations:	.
Venue:	Online (Google meet)
Link (if online) :	https://meet.google.com/orm-bqob-rvw
Number of Participants:	70
Brief report	The online webinar was organized by IQAC and NCC unit of MM NSS College on 11 th August 2021. The program started with a Prayer by NCC Cadet Sreelekshmi J S. Associate NCC Officer Lt. Dr. Syam Krishnan K did the welcome speech. Principal Dr. Satheesh E N delivered the presidential address. Captain Saikumar R Pillai conducted the Interactive session on "Army as a Career". He shared his own experiences in army and motivated the cadets for selecting army as a career. He explained the different modes of entry into armed forces with special emphasis on the SSB procedure. The session ended with a vote of thanks by NCC Cadet Vishupriya N. 70 Cadets attended the Google meet.


Dr. SVAM KRISHNAN, K
Assoc. N. C.C. Officer
MMNSS College, Kottiyam

NCC Unit - MMNSS College (Sub unit of 7 K Bn NCC, Kollam)

Name/Title of the Activity/Event	Fit India freedom run 20
Date	20/8/21 (13/8/21 - 02/10/21)
Resource Persons	—
Collaborations	—
Venue	Home
Link (if online):	—
Number of Participants:	30
Brief report of the Activity/Event	<p>NCC cadets continued their support for the Fit India movement started in 2020. More than thirty cadets participated in the program. Cadets undergo different physical exercises during 13th Aug - 2nd October 2021. NCC Kollam unit also conducted a marathon ^{from} at Ashtamam ground to Kollam town to promote the fitness movement. Cadets received certificates for their participation.</p>

Dr. SYAM KRISHNAN, K
N.C.C. Officer
M.M.N.S.S. College, Kattiyam

NCC Unit - MM NSS College (Sub unit of 7 K Bn NCC, Kollam)

Name/Title of the Activity/Event	Grandhi Jayanthi-2021 SWACHH BHARATH
Date	02-10-2021
Resource Persons	—
Collaborations	—
Venue	MMNSS College, Households
Link (if online):	Offline & online
Number of Participants:	40
Brief report of the Activity/Event	As part of Grandhi Jayanthi, NCC unit conducted Swachh Bharath activities in college & households. Cadets selected suitable places in their lived area (streets) and did cleaning activities. They also removed waste materials from college & nearby streets. A poster competition was also conducted on the topic "India of Bapu's dreams".

[Signature]

Dr. SYAM KRISHNAN, K
Assoc. N.C.C. Officer
7 K Bn NCC, Kollam




7 Kerala Battalion NCC
M.M.N.S.S COLLEGE KOTTIYAM


NCC Unit - MMNSS College (Sub unit of 7 K Bn NCC, Kollam)

Name/Title of the Activity/Event	SWACHH BHARATH BEACH CLEANING & Marathon
Date	28/11/21
Resource Persons	—
Collaborations	NCC Kollam SP HCE
Venue	Kollam Beach
Link (if online):	—
Number of Participants:	20
Brief report of the Activity/Event	<p>As a part of NCC day, NCC unit participated in the beach cleaning & Marathon organized by NCC 7 K Bn Kollam. 20 cadets of MMNSS college volunteered to participate in the event. The program started at 6 am in the morning with a mini-marathon of 6 km. After that NCC cadets removed plastic materials from beach sides as a part of Swachh Bharat. Cadets also briefed the public about the importance of maintaining our beaches' clean. Several Associate NCC officers & PI staffs also participated.</p>

Dr. SYAM KRISHNAN, K
Assoc. N.C.C. Officer
MMNSS College, Kottiyam

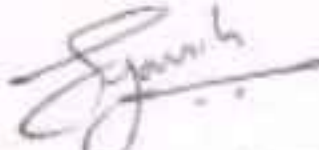
REPORT 2021-2022

Name of the Club/ Department:	National Cadet Corps
Title of the event:	Blood Donation Camp
Date :	01/12/2021
Name of Resource Persons	Dr. Anitha Babakrishnan (IMA Asramam Kollam)
Collaborations:	Indian Medical Association Asramam, Kollam Athijeevan Educational Charitable Trust, Kollam
Venue:	College Auditorium, MM NSS College, Kottiyam
Link (if online):	—
Number of Participants:	90
Brief report less than 100 words	A blood donation camp was organized by NCC and NSS units of MM NSS college in association with IMA Asramam and Athijeevan Educational Charitable Trust, Kollam on Dec 1/2021. Around 80 students and teachers attended the camp and 40 donated blood.


Dr. SYAM KRISHNAN, K
Asst. N.C.C. Officer
MMNSS, College, Kottiyam



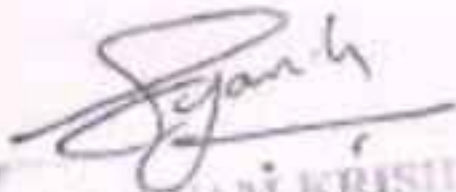
NCC Unit - MM NSS College (Sub unit of 7 K Bn NCC, Kollam)

Name/Title of the Activity/Event	Paying homage to soldiers
Date	10/12/2021
Resource Persons	—
Collaborations	—
Venue	College Auditorium & households
Link (if online):	—
Number of Participants:	60
Brief report of the Activity/Event	<p>We witnessed a major tragedy on roads as we lost Gen. Vipin Rawat & his army men in a helicopter crash. We paid homage to the brave hearts. We organized a special meeting at the college auditorium. We remembered the contributions of Gen. Vipin Rawat & prayed for his soul. NCC cadets lighted candles in their homes to pay homage to the brave hearts.</p> <p style="text-align: right;"> Dr. SYAM KRISHNAN, K Assoc. N.C.C. Officer MM NSS College, Kottayam</p>



NCC Unit - MMNSS College (Sub unit of 7 K Bn NCC, Kollam)

Name/Title of the Activity/Event	Puneeth Sagar Abhiyan
Date	Dec - 2021
Resource Persons	—
Collaborations	7 K NCC Bn, Kollam
Venue	Velipzheekkal Beach, Kollam District
Link (if online):	—
Number of Participants:	30
Brief report of the Activity/Event	<p>As part of Puneeth Sagar Abhiyan, NCC unit in association with 7 K Bn Kollam did a cleaning campaign at Velipzheekkal beach Kollam, 50km from our college. NCC cadets were able to collect ~50kg of plastic waste from the beach sides. Cadets also conducted cultural programs for the public highlighting the importance of keeping our beaches clean. NCC cadets also participated in the cycle rally started from Kollam to the Azheekkal beach (40km).</p>


Dr. SYAM KRISHNAN, K
Asst. N.C.C. Officer
MMNSS College, Kollam

Name/Title of the Activity/Event	Night walk
Date	25/2/22
Resource Persons	—
Collaborations	District child development office, Kollam
Venue	Kollam Town
Link (if online):	—
Number of Participants:	03
Brief report of the Activity/Event	<p>Our NCC unit participated in the "Night walk" program organized by the district child development office, Kollam on Friday 25/2/2022, as part of their efforts to end violence against women & children.</p> <p>Hon: Kollam Mayor Prasanna Ernest inaugurated the event. Pledge for women empowerment was taken. Hon: District Collector Smt. Adana Panveer and many celebrities attended the event. Night walk started from Kollam bus stand & ended at Kollam beach.</p>

Syam

Dr. SYAM KRISHNAN, K
 Assoc. N.C.C. Officer
 MMNSS, College, Kottiyam

Name/Title of the Activity/Event	World Environment day
Date	5/6/2022
Resource Persons	-
Collaborations	-
Venue	MMNSS collage
Link (if online):	-
Number of Participants:	40
Brief report of the Activity/Event	NCC unit of mmnss collage observed environment day by organizing tree plantation drives & poster/essay competitions. Cadets planted tree saplings in collage as well as in their home gardens. Many cadets participated in the poster/essay competitions & showed their talent.



[Signature]
 Dr. SYAM KRISHNAN, K
 Assoc. N.C.C. Officer
 MMNSS, College, Kettiyan

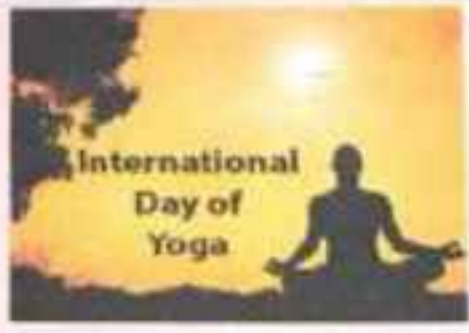
Name/Title of the Activity/Event	International Yoga day
Date	21/6/2022
Resource Persons	Sri. K.N Arumughom } Art of Living Faculty, Smt. Shalini Santhosh } Yoga trainers
Collaborations	
Venue	Kollam Beach
Link (if online):	—
Number of Participants:	30 NCC cadets from MMNSS college
Brief report of the Activity/Event	<p>International Yoga day - 2022 was celebrated at Kollam Beach. Honorable District Collector Inaugurated the event. Yoga demonstration was done by experts Sri K.N Arumughom & Smt. Shalini Santhosh. (Yoga trainers of Govt of Kerala). Yoga session started at 8:00am and continued till 9:30am. Cadets got the opportunity to learn the basic Yoga techniques. Several PI staffs of NCC AVO's also attended the event.</p>

Dr. SYAM PRAKASHAN, K
 Administrative Officer
 MMNSS College, Kollam



International Yoga Day-21 June

7 K BN NCC KOLLAM
Venue-Kollam Beach



Inauguration: Honorable District Collector, Kollam
Smt. Afsana Perween IAS

Presidential Address: Lt. Colonel Ganesh Singh
 Administrative Officer, 7 K BN NCC, Kollam

Yoga Demonstration

Sri. K N Arumughom

Senior Art of Living Faculty, Art of Living Foundation, International Ashram, Bangalore
 &

Smt. Shalini Santhosh
 Yoga Trainer, Govt. of India

Time: 8.00 AM on 21st June 2022

no of participants - 90

Report

The chief guest educated the students about the ill effects of drug abuse and the legal punishments by citing real life examples. He also motivated them to serve as volunteers to help the excise department to identify such cases from their premises. Before the program, ncc cadets conducted an awareness rally through kottiyam junction with self made placards and slogans against drug abuse. Their actions and messages reached the public. By providing these kind of legal awareness and all the connected activities, we expect students to understand their role in society and refrain from drug abuse during their campus life and also in future.

Title
Depart
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Venue
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DR. S. V. KRISHNAN, K
Asst. Prof. in Charge
SALIENTS, College, Kottiyam

NCC Unit - MMNSS College (Sub unit of 7 K In NCC, Kollam)

Name/Title of the Activity/Event	Kargil Vijay Diwas
Date	26/7/2022
Resource Persons	—
Collaborations	—
Venue	
Link (if online):	
Number of Participants:	40
Brief report of the Activity/Event	<p>NCC unit of mmnss college observed Kargil vijay diwas on 26th July 2022. Cadets lighted candles in their home to pay respect to the brave soldiers who lost their lives in the Kargil war. Cadets also made posters related to the event. We also did charity work on 30/7/22 in connection with this memorable day. We supplied essential stationery materials, cooling items & (Bags school) to the inmates of S.S Samithi Kothiyam & Karunya Deepam, Eravipuram, Kollam.</p>

Dr. SYAM PRASAD K
 Head, NCC Unit
 MMNSS College
 Kollam



Kollam, Kerala, India
 2023+02, Kollam-100001 Road, Eravipuram, Kollam, Kerala
 573004, India
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 Long: 76.821448°
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Kollam, Kerala, India
 V23C+JH, Eravipuram, Kollam, Kerala 573011, India
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 Long: 76.821448°
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FREEDOM WALL - 2022

FREEDOM WALL was constructed as a part of independence day celebrations in Aug 2022. Students painted pictures of important freedom movements and personalities on the college wall. NCC, NSS and various clubs, teachers and non teaching staff actively participated in the event and made it a grand success. The event was able to extract the artistic skills in students and fostered their ability to work as a team. Dr. Sathesh E N, Principal coordinated the whole program.



Details of Program (2022-23)

Title	FREEDOM WALL
Department/Club	NCC, NSS, STUDENTS
Date	12 TO 15 AUGUST 2022
Venue	COLLEGE WALL
Co-ordinator	PRINCIPAL
Details of Guest/Resource Person	—
Beneficiary	STUDENTS & TEACHERS
Number of participants - Total	130
Students	100
Teaching	20
Non teaching	10
Guests/Resource Persons	
Others	
Amount Spent	2000 (paints, brush)
Funding Agency	Teaching staff

Name of the Activity/Event	Visit to Anganwadi
Date	24/8/2022
Persons	—
Place	—
Venue:	Anganwadi (17 ward) Kottiyam
Participants:	5 NCC cadets & Associate NCC officer
Description of the Activity/Event	<p>NCC cadets visited Anganwadi near to college and interacted with the kids. Cadets arranged cultural events for the kids. The cadets as well as the kids enjoyed the interaction. Cadets displayed their social skills through such interaction we also donated chairs & a ceiling fan to the Anganwadi. We spent about 3h at the Anganwadi. A day memorable for the NCC unit. Associate NCC officer Dr. Syam Krishnan accompanied the NCC cadets. The main purpose of organizing such an activity is to make the young generation conscious & sensitive to community life & social service.</p>



Dr. SYAM KRISHNAN, K
 Assoc. N.C.C. Officer
 M.M.N.S.S. College, Kottiyam

Anti-drug campaign (11/11/22)

As a part of "Kerala Piravi" celebrations-2022, M.M.N.S.S. College organised an anti-drug campaign & rally. NCC & NSS volunteers participated in the event. The rally started from college to Kottiyam junction. Around 100 volunteers participated. The rally maintained all discipline & volunteers raised slogans & placards to raise the voice against all effects of drugs. NCC cadets & did a street play at Kottiyam junction about the harmful effects of drugs. Principal Dr. C.A. Sathesh, Teachers, NSS & NCC program officers also accompanied the students.



Kottiyam, Kerala, India
 NH 47, Kanyakumari-Panaji Hwy, Opp Kottam Bus Stand, Kottam,
 Kottiyam, Kerala 686701, India
 Lat 8.886249°
 Long 76.888488°
 01/11/22 10:25 AM

Syamsuk
 DR. SYAM SURESH K.
 PRINCIPAL
 M.M.N.S.S. College, Kottiyam



We observed World AIDS day 2022 by organizing a blood donation camp at our institution. The medical officer educated the students about AIDS and also about the importance of blood donation. More than 100 students volunteered to donate blood, among them 40 were accepted. Those who unable to donate, were briefed about the problems and given proper remedies. The success of the program can be attributed to the excellent team work by students. They arranged the venue for donation, helped the hospital staff throughout and provided the necessary refreshment before and after blood donation. By participating in such noble activities, students can get rid of the fear and understand the value of saving precious lives through blood donation.

Syama

Dr. SYAMA KRISHNAN, K
N.C.C. OFFICER

Guest :- Dr. Anitha Balakrishnan (CIMA, Asramam, Kollam)

Number of Participants - 120

collaboration : NSS, Athijevu Educabind & Charitable Trust

Blood Donation (1/12/2022)



Name/Title of the Activity/Event	Puneeth Sasor Abhiyan
Date	11/1/2023
Resource Persons	-
Collaborations	-
Venue	Kollam Beach
Link (if online):	-
Number of Participants:	20
Brief report of the Activity/Event	<p>NCC cadets of MMNSS College participated in the puneeth sasor abhiyan program conducted by 7 K Bn NCC, Kollam. Cadets collected plastic & other waste materials from the beach sides. The activity lasted for about 3h. The cadets also arranged certain cultural events for the public. The main theme of the program was to save our beaches from plastic waste.</p>


Dr. S. S. KRISHNAN, K
Asst. N.C.C. Officer
M.M.N.S.S. College, Kottiyam



ROAD SAFETY WEEK 2023

റോഡ് സുരക്ഷാവാദം 2023

JANUARY 11 - 17

ROAD SAFETY AWARENESS PROGRAM



SRI. REMESH R
ASST. MOTOR VEHICLES
INSPECTOR
RTO (Enforcement), KOLLAM



SRI. NAJUMAL U J,
ASST. MOTOR VEHICLES
INSPECTOR,
RTO(Enforcement), KOLLAM



16 January 2023




11:00 am



Seminar Hall,
MMNSSC Kottiyam

"Alert today to live tomorrow."

Details of Guest/Resource Person	Sri. REMESH R (ASST. MOTOR VEHICLES INSPECTOR, RTO ENFORCEMENT, KOLLAM) Sri. NAJUMAL U J (ASST. MOTOR VEHICLES INSPECTOR, RTO ENFORCEMENT), KOLLAM
Beneficiary	STUDENTS & TEACHERS
Number of participants -86 Total	Road accidents are increasing day by day. The rash driving is common among the young population. The lack of proper awareness about safety protocols and legal consequences are the major reasons. The resource persons demonstrated through videos and slides the importance of obeying traffic laws and safety measures like wearing helmets/seat belts while driving. They cleared many queries from students and the session was highly interactive. Students also learned about the various emergency/help line numbers which can be used in case of an accident or emergency.
75- Students	
5 Teaching	
2 Non teaching	
 D. SEEM KRISHNAN, M Assoc. N.C.C. Officer MMNSS College, Kottiyam	

19/4/23

NCC Unit - MM NSS College (Sub unit of 7 K Bn NCC, Kollam)

Name/Title of the Activity/Event	Puneeth Sagar Abhiyan
Date	19/4/2023
Resource Persons	—
Collaborations	NCC 7 K Bn, Kollam
Venue	Kollam Beach
Link (if online):	—
Number of Participants:	25 cadets of MM NSS college
Brief report of the Activity/Event	<p>25 NCC cadets of MM NSS college participated in the Puneeth Sagar Abhiyan conducted at Kollam beach on 19/4/2023. NCC 7 K Bn Administrative Officer Lt. Col. Gnanesh Singh Inaugurated the cleanliness drive. Cadets from different institutions of NCC Kollam group participated. Cadets were able to collect ~ 20 kg of plastic materials from the beach premises. Cadets also advised the visitors not to throw plastic or any kind of waste materials near the sea.</p>

Dr. SYAM KRISHNAN, K
N.C.C. Officer
MM NSS College, Kollam

Title	SCIENCE EXHIBITION ON NUCLEAR ENERGY
Department/Club	NCC
Date	15-05-23
Venue	PERUMON ENGINEERING COLLEGE, KOLLAM
Co-ordinator	NCC Kollam Group

Report

As a part of the 25th anniversary of Pokhran second nuclear test, a science exhibition was organised by the NCC kollam group for creating awarness about nuclear energy. The exhibition was held at perumon Engineering college, Kollam on 15 May 2023. 15 NCC cadets our institution participated in the event. Our Cadets prepared various still models and charts to explain the basic principle of nuclear fission, working of nuclear reactor and application of nuclear energy. The event was able to evaluate the critical thinking and decision making abilities of students.


Dr. SYAM KRISHNAN, K
Asstt. N. C.C. Officer
M.M.S.S. College, Kollam



	Name	Degree	SIGNATURE
1	ABHISHEK . S. ARUN	I st BA ENGLISH	<u>Abhishek</u>
2	ASIYA H	II nd BSc CHEMISTRY	<u>Asiya</u>
3	POOJA D	I st BSc ZOOLOGY	<u>Pooja</u>
4	MELVIN . M	I st BSc ZOOLOGY	<u>Melvin</u>
5	PARVATHY V K	I st BSc PHYSICS	<u>Parvathy</u>
6	ANJANA . A	I st BSc CHEMISTRY	<u>Anjana</u>
7	ROHIT R	II nd BSc PHYSICS	<u>Rohit</u>
8	AMRITHA . S	II nd BSc CHEMISTRY	<u>Amritha</u>
9	HEMATH . H	I st BSc ZOOLOGY	<u>Hemath</u>
10	ARJON . S . S	3 rd BSc PHYSICS	<u>Arjon</u>
11	MEGHA . M	III rd Bcom	<u>Megha</u>
12	CHIPPY . C	I st MSc PHYSICS	<u>Chippy</u>
13	SREEHARY . H	I st BSc PHYSICS	<u>Sreehari</u>
14	AJEESH . S . F	I st BSc PHYSICS	<u>Ajeesh</u>
15	UNNI	II nd BSc CHEMISTRY	<u>Unni</u>
16	RESHMA . S . R	I st BSc CHEMISTRY	<u>Reshma</u>
17	ADITHYA . R . S	I st BSc ZOOLOGY	<u>Adithya</u>
18	POOJA B NAIR	II nd BA ENGLISH	<u>Pooja</u>
19	UNNIKRISHNAN	I st MSc PHYSICS	<u>Unni</u>
20	SREELEKSHMI . B	II nd BSc PHYSICS	<u>Sreel</u>
21	FATHIMA	II nd BSc ZOOLOGY	<u>Fathima</u>
22	ABHIRAMI	II nd BA BSc ECONOMICS	<u>Abhirami</u>

		II BA ECONOMICS	<u>Praveen</u>
24	AMINA	Ist MSc PHYSICS	<u>Amina</u>
25	DEVIPRIYA M. S	II nd BSc ZOOLOGY	<u>Devipriya</u>
26	ALTHAF. S	II nd BSc PHYSICS	<u>Althaf</u>
27	ARCHANA. R	Ist BSc CHEMISTRY	<u>Archana</u>
28	ANURAG. A	Ist BSc CHEMISTRY	<u>Anurag</u>
29	ALNOORA N S	Ist BSc ZOOLOGY	<u>ALNOORA</u>
30	GOURI M S	II nd BSc CHEMISTRY	<u>Gouri</u>
31	ADITHYAN. M	Ist BA ENGLISH	<u>Adithyan</u>
32	ASHTAMI. R. Y	II nd BSc CHEMISTRY	<u>Ashtami</u>
33	ABHINAV. S	Ist BSc PHYSICS	<u>Abhinav</u>
34	REVATHY. S	II nd BSc PHYSICS	<u>Revathy</u>
35	APARNA PRAKASH	III rd BSc PHYSICS	<u>Aparna</u>

Report of Webinar on Research Methodology

Department of Physics of MMNSS College Kottiyam has organised a webinar on Research Methodology on 20th October 2022 at 7 pm. Anusha M.G. was the Coordinator of the webinar and Dr. Rakhi R.B. from NIIST, Tum was the resource person.

35 participants from Physics and Chemistry were present for the Webinar and teachers from the dept's also participated in the Webinar.

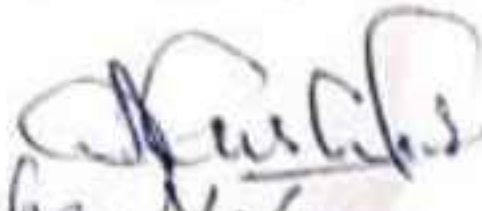
The session was neatly handled keeping in mind the need of the students. This talk was organized to generate an awareness for Research in the student community.

Dr. Suthceitha S. Nair, Head of Dept. of Physics welcomed the participants and gave an introductory speech and also introduced Dr. Rakhi R.B. the resource person of the day. The theme of the talk was "Research culture and how to write journal papers."

The resource person began her session

with an introduction to research. She explained briefly types of Research. She explained briefly the objectives and motivations in Research. The research methods and methodology was briefly explained. The students were explained on how literature survey needs to be done. Finally the resource person explained briefly on how a research report is written.

The programme came to an end with the vote of thanks by Resmi. V. S Assistant Professor, Dept of Physics. She appreciated the fact that though this was for science students, the arts students also participated.


Anusha. M. G.



MMNSS COLLEGE KOTTIYAM

PG Department of Physics

in association with IQAC

WEBINAR ON 'RESEARCH METHODOLOGY'



Resource Person: Dr. Rakhi R. B.
Principal Scientist, NIIST
Thiruvananthapuram

Date: 20th
October 2022
Time: 7 pm

Via Google meet

Link : <https://meet.google.com/qfg-dtzn-qzsk>

Members Present

- 1) Varsha. Rajan
- 2) Devika J.R
- 3) Anila Babu.
- 4) Parvathy. S
- 5) Amaritha. V.J
- 6) Bhagyalekshmi
- 7) Sreelekha. S.L
- 8) Sreeparvathy
- 9) Anakha.
- 10) Varsha. S. Kumar.
- 11) Amal. I
- 12) Haukrishnao
- 13) Anandhu. S
- 14) Anoop. G. Pillai
- 15) Kailasnath.
- 16) Indu. Gopao
- 17) Praveen. M
- 18) Anandhu. M.S.
- 19) Anandhu. T.S
- 20) Aravinid. M.
- 21) Tijo George
- 22) Sethulekshmi
- 23) Della Antony
- 24) Jayalekshmi
- 25) Maheswari. Nagasree
- 26) Anushma.
- 27) Thushara.
- 28) Anju. G
- 29) Athina. B.S
- 30) Midhun Krishnan
- 31) Bipin. B
- 32) Anandhu Prasad.

Varsha Rajan
Devika J.R
Anila Babu
Parvathy S
Amaritha V.J
Bhagyalekshmi
Sreelekha S.L
Sreeparvathy
Anakha
Varsha S. Kumar
Amal I
Haukrishnao
Anandhu S
Anoop G. Pillai
Kailasnath
Indu Gopao
Praveen M
Anandhu M.S
Anandhu T.S
Aravinid M
Tijo George
Sethulekshmi
Della Antony
Jayalekshmi
Maheswari Nagasree
Anushma
Thushara
Anju G
Athina B.S
Midhun Krishnan
Bipin B
Anandhu Prasad

Research Methodology Seminar Report

The research methodology Seminar was held on 25/03/2023 at the seminar Hall of MHNSS College, Kottiyam organized by our department. The seminar was designed to provide the students with a fundamental ideas of research methodology, data collection etc. analysis, and interpretation etc. The seminar received positive feedback from the participants. The event concluded with a vote of thanks to the speaker and the participants. The resource person was

Dr. Vijaya Kumar.S
Asst. Professor and Research Guide
Dept. of Physics
NSS college, Pandalam.

PG DEPARTMENT OF PHYSICS
MMNSS COLLEGE KOTTIYAM IN ASSOCIATION WITH IQAC

WORKSHOP ON RESEARCH METHODOLOGY

RESOURCE PERSON:
Dr. VIJAYAKUMAR S
ASSISTANT PROFESSOR & RESEARCH GUIDE
DEPARTMENT OF PHYSICS,
NSS COLLEGE PANDALAM



DATE : 25/3/2023

VENUE SEMINAR HALL

NAME	CLASS	SIGNATURE
ABHIJITH G.B.	111 ^{ed} Bsc. Physics.	<u>Abhijith</u>
DOOJA . R.	111 ^{ed} Bsc. Physics	<u>Dooja</u>
AKHILA . B	2 nd Msc. Physics.	<u>Akhila</u>
ADHITHYA . V . DEV	111 ^{ed} Bsc. Physics.	<u>Adhithya</u>
NANASI . H . G.	2 nd Bsc. Physics	<u>Nanasi</u>
BHAVANA . S	1 st Msc. Physics	<u>Bhavana</u>
AMINA SHAN	2 nd Bsc. Physics.	<u>Amina</u>
DEVIKA R.S	3 rd Bsc. Physics.	<u>Devika</u>
ABHINANDANA . B.	2 nd Msc. Physics	<u>Abhinandana</u>
NIKHITHA . Y	2 nd Bsc. Physics.	<u>Nikhitha</u>
DARVATHY . V . K.	2 nd Bsc. Physics	<u>Darvathy</u>
SREELEKSHMI	1 st Msc. Physics	<u>Sreelekshmi</u>
ANOOP . S	2 nd Msc. Physics	<u>Anoop</u>
AMINA . R.	3 rd Bsc. Physics.	<u>Amina</u>
SHIBIN . C	2 nd Msc. Physics.	<u>Shibin</u>
DEVIKA . M	2 nd Bsc. Physics.	<u>Devika</u>
JENI	2 nd Msc. Physics	<u>Jeni</u>
SARATH . S	1 st Msc. Physics.	<u>Sarath</u>
SNEHA JURESH	2 nd Bsc. Physics.	<u>Sneha</u>
SITHESH	2 nd Bsc. Physics	<u>Sithesh</u>
VENI VINOD	3 rd Bsc. Physics.	<u>Veni Vinod</u>
GAYATHRI . R	3 rd Bsc. Physics	<u>Gayathri</u>
ANAL . A	1 st Msc. Physics.	<u>Anal</u>

PALLAVI
 KRISHNA
 SRADHA · G · S
 DRISHYA · MOL · S
 AMIRTHA · U
 NAYANA · S · KUMAR
 MEENAKSHI
 PRANAV · S · B.
 LEKSHMI CHANDRANI.
 AKSHAYA KRISHNAN
 ASHIN
 APARNA PRAKASH
 PUNYA · S · S
 SAJEENA BEEVI
 SRUTHY · S · KUMAR
 NAYANA.
 ARSHA
 ABHIRAMI · P · S
 KRISHNAPRIYA
 SANJAY V · NAIR.
 MAHESHWARI MOHAN
 AMINA · R
 NIMISHA JYOTHI
 AKHILA · B
 SREEBADRA
 GAUTHAM AJITH

2nd Msc. Physics.
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 1st Msc. Physics

Pallavi
~~Krishna~~
Sradha
Drishya
Amirtha
Nayana
Meenakshi
Pranav
~~Lekshmi Chandrani~~
~~Akshaya Krishnan~~
Ashin
Aparna Prakash
Punya
Sajeena
Sruthy
Nayana
Arsha
~~Abhirami~~
Krishna
Sanjay
Maheshwari
Amina
Nimisha
Akhila
Sreebadra
Gautham

Report on IPR Webinar

The Intellectual Property Right (IPR) webinar was conducted on 07-04-2021 by Dept. of Physics. The webinar aimed to educate the participants about the fundamentals of IPR, its significance in today's globalized world and the legal process involved in protecting intellectual property. About 50 students participated in the programme. The speaker was Dr. Lekshmi.

Asst. Professor and HOD
Dept. of Economics
NSS college, Pandalam.

The webinar concluded with a Q and A session with the participants and the speaker.

The link : <https://meet.google.com/way-entz-zas>
for the webinar.

The organizers expressed their gratitude to the speaker. The program concluded at 3.30 pm.



MMNSS COLLEGE KOTTIYAM

SEMINAR ON IPR

"Turn your research in to IPR : Possible ways and solutions"

Jointly organized by

***PG Department of Physics and
IQAC***

Google Meet 7/4/2021 2.00 pm

Link : <https://meet.google.com/way-entz-zas>

Invited lecture: Dr. Lekshmi. S



***Assistant professor and
HoD***

Dept of Economics

***NSS College,
Pandalam***

Members Present

- | | |
|-------------------------|----------------------------|
| 1) Varsha. Rajan | Varsha Rajan |
| 2) Devika J.R | Devika J.R |
| 3) Anila Babu. | Anila |
| 4) Parvathy. S | Parvathy S |
| 5) Anomitha. V.J | Anomitha |
| 6) Bhagyalekshmi | Bhagyalekshmi |
| 7) Sreelekha. S. L | Sreelekha |
| 8) Sreeparvathy | Sreeparvathy |
| 9) Anakha. | Anakha |
| 10) Vaisha. S. Kumar. | Vaisha S |
| 11) Anam. I | Anam |
| 12) Haukrishnan | Haukrishnan |
| 13) Anandhu. S | Anandhu |
| 14) Anoop. G. Pillai | Anoop |
| 15) Kailashnathi. | Kailashnathi |
| 16) Indu. Gopao | Indu Gopao |
| 17) Praveen. M | Praveen |
| 18) Anandhu. M.S. | Anandhu |
| 19) Anandhu. T.S | Anandhu |
| 20) Aravinid. M. | Aravinid |
| 21) Tijo George | Tijo George |
| 22) Bethulekshmi | Bethulekshmi |
| 23) Della Antony | Della Antony |
| 24) Jayalekshmi | Jayalekshmi |
| 25) Maheswari. Nagasree | Maheswari |
| 26) Anushma. | Anushma |
| 27) Thushara. | Thushara |
| 28) Anju. G | Anju |
| 29) Athina. B.S | Athina |
| 30) Midhun Krishnan | Midhun Krishnan |
| 31) Bipin. B | Bipin |
| 32) Anandhu Prasad. | Anandhu Prasad |
| 33) Anandhu. S | Anandhu |

34. Amal Shaji
35. Anandhu. A
36. Anandu. S
37. Krishnadev. O.
38. Bhadra. A.
39. Rajoraj
40. Krishna. A. S
41. Sreebhadra. H. R
42. Ramseena.
43. America. A
44. Haleema. Siddhik
45. Rincy ubaid.
46. Devika. S. Kumar.
47. Chithra. V. S
48. Rithu Chandran
49. Ganga. M. J
50. Akshay Krishna.
51. Nijil. U
52. Sasar Raj. R. J
53. Girija. Nard
54. Dr. Anu Vijayan
55. Dr. Ratheesh Kumar. V
56. Anuska. M. G
57. Dr. Reekash Chandran
58. Dr. Syam Krishnan
59. Dr. Athira.
60. Dr. Suresh. S.
61. Jagadeesh.
62. Sudhy. S.

- ~~Amal Shaji~~
- ~~Anandhu~~
- ~~Anandhu S~~
- ~~Krishnadev~~
- ~~Bhadra~~
- ~~Rajoraj~~
- ~~Krishna~~
- ~~Sreebhadra~~
- ~~Ramseena~~
- ~~America~~
- ~~Haleema~~
- ~~Rincyubaid~~
- ~~Devika~~
- ~~Chithra~~
- ~~Rithu Chandran~~
- ~~Ganga~~
- ~~Akshay~~
- ~~Nijil~~
- ~~Sasar Raj~~
- ~~Girija~~
- ~~anuvijayan~~
- ~~Ratheesh~~
- ~~Anuska~~
- ~~Reekash~~
- ~~Syam~~
- ~~Athira~~
- ~~Suresh~~
- ~~Jagadeesh~~
- ~~Sudhy~~

Dear Sir/Madam

The Post Graduate Department of Physics, MMNSS College is organizing a seminar on *Energy Management and Conservation*, in association with Science Club and Energy Club. This programme is aimed at bringing together the society to spread the awareness of *useful management of Energy*. This seminar also focuses on the awareness of the society to Energy Conservation and on the potential of reducing energy demand through energy-saving activities.



**save
energy**

THE BEST ENERGY FOR THE FUTURE

POST GRADUATE DEPARTMENT OF PHYSICS
A SEMINAR ON
ENERGY MANAGEMENT AND CONSERVATION-EMC-2019
(National Energy Conservation Day)
PROGRAMME SCHEDULE-JUNE 2019

10.00 am : Inauguration
Prayer : PHYSICS STUDENTS

Welcome address : GIRIJA NAIR
(Head, Dept. of Physics)

Presidential address : Dr. SUJATHA T.S.
(Principal, MMNSS College,
Kozhyam)

Felicitations :

TEA BREAK

11.00 am - 12.00 pm : Invited Talk
(Mr. ANIL JOHNSON
Assistant Executive Engineer
KSEB, Kozhyam)

12.00 pm - 12.30 pm : A talk on Conservation of
Energy by Student Representative
SARATH (IInd B.Sc Phy)

12.30pm - 1.00 pm : POSTER PRESENTATION
by the students.

LUNCH BREAK

30 pm - 3.30pm

: **QUIZ COMPETITION**

Topic: 'Conserve Energy and
Save Nation.'

Guest of thanks

: **ANUSHA.M.G.**

(Asst. Professor in Physics
& Convener of Science Club)

Members of Faculty :

Dr. ANU VIJAYAN

Dr. RATHESH KUMAR.V.

Ms. SRUTHY.S.L.

Ms. ASWANL.V.S.

Ms. JAGADEESH.M.

Ms. SURYA.S.MOHAN

POST GRADUATE DEPARTMENT OF PHYSICS

A SEMINAR ON

ENERGY MANAGEMENT AND CONSERVATION-EMC-2019

AS A PART OF

National Energy Conservation Day

December 14 2019



MM NSS COLLEGE, KOTTIYAM,

KOLLAM - 691571



Report

The PG Department of Physics, MMNS College organised a seminar on Energy Management and conservation as a part of National Energy conservation Day observance on December 18, 2019. in association with Science club and Energy club. This programme aimed at bringing together the society to spread the awareness of useful management of Energy. The main attraction of the day was an invited talk by Mr. Anil Johnson, Ass. Urban Executive Engineer, KSEB. After the invited talk Savitri's student of II DC Physics presented his views on the conservation of energy. There was a poster presentation also conducted. An active participation and enthusiasm could be seen from the part of the students. After the lunch break an interdepartmental quiz competition was also conducted on the topic 'Conserve Energy and Save water'. The winners of the quiz competition were II BSc physics students (1st prize) and II BSc Zoology students (II prize). The programme wound up by 4:00pm with a vote of thanks of the Science Club coordinator. Ms. Anusha. M.G.

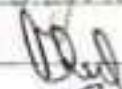

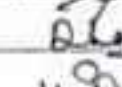
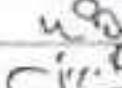
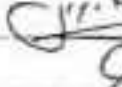
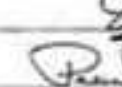
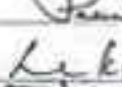

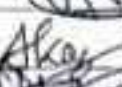

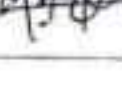
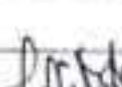




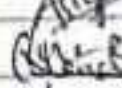
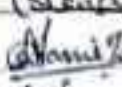
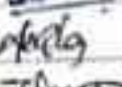






Anusha

Anusha. M.G.

WORLD SPACE WEEK CELEBRATIONS 2023

Space Exhibition - SPATIUM

List of participants.

Sl. No	Name	Dept	Signature
1.	Dr. Anil Kash Chandan	Chemistry	
2.	Rajesh K	Art	
3.	Dheerajam. G	office	
4.	Sanil Kumar. K	"	
5.	Jaye Mohan. S.	"	
6.	Christina. R.	"	
7.	Pradeep. K	"	
8.	Dr. Lakshya S	Principal in Charge	
9.	Akash. A. S. Thengy	Lab Assistant, physics	
10.	Akashkrishnan S	II DC zoology	
11.	Akash Arayan.	"	
12.	Gautham Krishna.	"	
13.	SOORAJ. S. S	"	
14.	Indheya. M	II DC zoology	
15.	Meega. Raj.	"	
16.	Adithyan. M	"	
17.	Abhishek. S. Arun	"	
18.	Asiya. H	II nd DC chemistry	
19.	Nandana Ashok	"	
20.	Ashwami. R. V	"	
21.	Devika. P. S	"	
22.	Ursvi.	"	
23.	Kaishrajith	"	
24.	Adish.	"	
25.	Gani. M. S	"	

26	Anu. M. S	II nd Dc chemistry	N/A
27	Adithya. J. S	"	Adithya
28	Adithya. R. S	I st Dc zoology	Adithya
29	P. Lekshmi Karthi	"	Adithya
30	Tharaseela. N	"	Adithya
31	Anasulba. S	II nd Dc chemistry	Anasulba
32	Anasulba. K. B	"	Anasulba
33	Dr. Susya. R	Dept. of chemistry	Susya
34	Dr. Aruna. C. J	"	Aruna
35	Dr. Meena. B. Nair	"	Meena
36	Ujjay Krishna. U. K	Dept. of zoology	Ujjay
37	Anal. A. Kumar	Dept. of zoology (I st year)	Anal
38	Melvin. M	"	Melvin
39	Abin. V. Kumar	"	Abin
40	Angelha Arum	"	Angelha
41	Al-Nosra. N. S	"	Al-Nosra
42	Pooja. D	"	Pooja
43	Naveen. K. R. S	Dept. of chemistry (I st year)	Naveen
44	Jithu. Jagan	"	Jithu
45	Akhish. V. S	"	Akhish
46	Anurog. A	"	Anurog
47	Sevya. Sathyan	"	Sevya
48	Pooja. Krishna. S	"	Pooja
49	Dibana. R	"	Dibana
50	Akhya. D. B	"	Akhya
51	T. S. Krishna Pritya	"	T. S. Krishna
52	A. Anusulba. Lakshmi	"	Anusulba
53	D. Dhana. Lakshmi	"	Dhana
54	Pravathy. V. K	I st Dc physics	Pravathy
55	Nandana. Vijayakumar	I st Dc physics	Nandana
56	Greelakshmi. M	"	Greelakshmi
57	Greelakshmi. R. B	"	Greelakshmi
58	Greenidhi. S. Pillai	"	Greenidhi
59	Ajeesh. S. P	"	Ajeesh

60	Jaswan .S.S	I st Chemistry	Jaswan
61	Anjana .A	1 st chemistry	Anjana
62	Malavika .V.S	1 st "	Malavika
63	Amitha .S.Kumar	"	Amitha
64	Arya Srinu	"	Arya
65	Reshma .S.R	"	Reshma
66	Abhishek Krishnan	II nd Physics	Abhishek
67	Aithal .S	1 st Physics	Aithal
68	Rohith .R	II nd Physics	Rohith
69	Akhinav .S	I st Physics	Akhinav
70	Vinay .D	I st Physics	Vinay
71	Harishchandra .P	I st DC physics	Harishchandra
72	Ashwan	"	Ashwan
73	Jay .C	"	Jay
74	Rohan .V	"	Rohan
75	Anand Kumar	"	Anand
76	Saan	II nd or physics	Saan
77	Dhruv .S.B	II nd DC Physics	Dhruv
78	ALENA .R	"	ALENA
79	G Govind Krishna	"	G Govind
80	Abhinav .S	"	Abhinav
81	Muhammed Zagan .S	3 rd BA English	Muhammed
82	Gopi Krishna	"	Gopi
83	Sabari Krishna .B	I st BA English	Sabari
84	Dr. Vyasa Lakshmi .P	Asst Prof	Dr. Vyasa
85	Duipriya .M.S	II DC Zoology	Duipriya
86	Pooja .R	I DC Zoology	Pooja
87	Grouzi .A	II DC Zoology	Grouzi
88	Abhiram .A	III I st year msc	Abhiram
89	Anuraj .V.L	I st year MSc	Anuraj
90	Asstami .S.S	I st year MSc	Asstami
91	Alfiza .K.S	III MSc Physics	Alfiza
92	Sreelekshmi .B.S	"	Sreelekshmi
93	Shekha Basheer	"	Shekha

94.	Abdul George	3 rd DC Physics	Abdul
95.	I. Teerthul. S.T	1 st DC Physics	Abdul
96.	Chippy. C	1 st M.Sc. Physics	Chippy. C
97.	Archana Anil	"	Archana
98.	Hemant.H	1 st DC Zoology	Hemant.H
99.	Paavathy. G.S.	1 st M.Sc. Physics	Paavathy
100.	Gopika Rajan	"	Gopika
101.	Abt Amina	"	Abt Amina
102.	Mahesaj Manohar	"	Mahesaj
103.	Prasath	"	Prasath
104.	Praya. S	II nd DC physics	Praya. S
105.	Preelakshmi. B	"	Preelakshmi
106.	Nivaran Kumar	"	Nivaran
107.	Revathy. S	"	Revathy
108.	Lyoni pankaj. J	"	Lyoni
109.	Damanda M.N	"	Damanda
110.	Parvathy. M.K. Pillai	I st DC Physics	Parvathy
111.	Adarsh. S	I st DC physics	Adarsh
112.	Shruti. H	I st DC physics	Shruti
113.	Seelakshmi. V.V	II nd DC physics	Seelakshmi
114.	Lekshmi Bose	"	Lekshmi
115.	Sajitha. S	"	Sajitha
116.	Lekshmi priya. V	I st DC Physics	Lekshmi
117.	Minu. P.S	II nd DC physics	Minu
118.	Pooja. S	II nd DC physics	Pooja. S
119.	Kaathika. S	II nd DC physics	Kaathika
120.	Adwaita. S. Nair	II nd DC Physics	Adwaita
121.	Shafi. S	II nd DC Physics	Shafi
122.	Amalal. L	" "	Amalal
123.	Achish. K. John	" "	Achish
124.	Nithesh Kumar. S	" "	Nithesh
125.	Sreyas. P	" "	Sreyas
126.	Georji. M.S	II nd DC Zoology	Georji
127.	Aleena. S.S	" "	Aleena

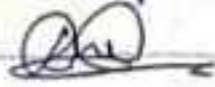
28	Athira	II nd DE zoology	<i>[Signature]</i>
29	fathima	"	<i>[Signature]</i>
30	Malavika	"	Malavika
131	Vaishnavi Raj B	II nd BA-English	Vaishnavi
132	Omisha N	"	<i>[Signature]</i>
133	Asma Shajahan	"	<i>[Signature]</i>
134	Kannan K.S	N.T.S	<i>[Signature]</i>
135	Pooja B.Nair	II nd BA English	Pooja
136	Amjena D	"	<i>[Signature]</i>
137	Abithya R	"	Abithya
138	Akshaya B.S	"	Akshaya
139	Uroo Krishnan	3 rd MSc Physics	<i>[Signature]</i>
140	Pranav P.	III rd chemistry	Pranav
141	Idanif Khan . N.S	B.com III	Idanif
142	Vishak - S	B.com III	Vishak
143	Abhyalal M	B.Sc. Physic. Pracul.	<i>[Signature]</i>
144		Very nice keep going full support	<i>[Signature]</i>
145	Rahul Surendran	II nd Zoology, Grad.	<i>[Signature]</i>
146	Gauthamkrishna . S	ii nd Zoology, Grad	<i>[Signature]</i>
147	Soojy . S.S	III rd Zoology, Grad	<i>[Signature]</i>
148	Prakash Krishnan . S	II nd zoology W.O.W	<i>[Signature]</i>
149	Abhinandh . M	II nd Zoology , Grad	<i>[Signature]</i>
150	Akash Rajan	" , Grad	<i>[Signature]</i>
151	Sona Krishnan . U	III rd DE chemistry,	<i>[Signature]</i>
152	Aneka .	III DE chem	<i>[Signature]</i>
153	Ajman . S	III DE phy	<i>[Signature]</i>
154	Mekha . M	III DE B.Com	<i>[Signature]</i>
155	Gouri R. Krishna	III DE Bios	Gouri
156	Karthika . S	III DE B.com	Karthika
157	Abhinami	II nd DE Economics	<i>[Signature]</i>
158	Bhanu V.S	"	<i>[Signature]</i>
159	Mihiranyaseni . M	"	<i>[Signature]</i>
160	Aparna prakash	III DE physics	Aparna
161	Pravathy . S.Vinod	"	Pravathy

SPACE EXHIBITION

DAY 2

Sl no	NAME OF STUDENT	STANDARD	Remarks
1	Sindhu. V		Excellent.
2	Adithya. S		Good
3	Hiba Fadiya		Good
4	Azabhi Renjith		Good
5	VEDHIKA. V		V. good
6	Vaiga. A. S		Good
7	Vijga. S		Good
8	Akshaya. A		Good
9	Anamika. P		V. good.
10	Ashami. S		V. good
11	Sidharth. R		V good
12	Anush. A		V. good
13	Abhi		V good
14	Abhiram. K		V good
15	Harisari		Excellent
16	Sreemandu. S		V good
17	Niranjana. S. R. jith		Excellent
18	Denshan. A. Pillai		V. good.
19	Muhammed Adhila		V. good.
20	Sahad Sakini		V. good
21	Sandeep. S. S		V good
22	Sidom. M		V. good
23	Kanan Mohammed		V. good
24	Arjinder. B		V. good
25	Karthik		V good
26	Dhanush		V. good
27	Fahad. S		V. good
28	ARMAN. A		V. good
29	AAFIYA. F		V good
30	Thouka. S		Excellent

		Remarks & Signature
31	Amsitha . S	Excellent
32	Shijina . S	Excellent
33	Suthans . S	Excellent
34	Rabith	Excellent
35	Vinayak . V.R	Excellent
36	Shivada . Sabesh	Excellent
37	Sreyas . R	Excellent
38	Gouri sankar	Excellent
39	Siyar	Excellent
40	Darshan . S	Excellent
41	Alhymetro . M	Excellent
42	Siddharth . S . R .	Excellent
43	Jubair . B.R .	Excellent
44	Anishka . G . S	Excellent
45	Vaiga . V . S	Excellent
46	Aadhikshmi	Excellent
47	Nidhin . M	Excellent
48	Aashra : N	Excellent
49	Aifa . S	Excellent
50	Anika Jayesh	Excellent
51	Avani . P	Excellent
52	Arpitha . C . A	Excellent
53	Aradhika . P . M	Excellent
54	Anamika Binu	Excellent
55	Jayadhi . G . S	Very excellent
56	Sheela Kumary . K . G .	Excellent
57	Shiva . Babu	Spacious . Excellent piece of work, Very informative .
58	Ramadevi . S	Excellent
59	Beena . A	Very Informative for student

Sl no Co.	Name	Remarks & Signature
	Pradip. T.D	Space related demonstration under the execution of dept: of Physics MCM for excellent
61.	Aliya S	Excellent 
62	anuraj kumar. ajay	" അമ്മമാർ മക്കൾക്കായി ചെയ്ത കാര്യം മികച്ചതാണ് - ശിക്ഷണ പ്രവർത്തനങ്ങൾക്ക് ഉപയോഗിക്കാൻ പറ്റിയ കാര്യങ്ങൾ എടുത്ത് വിശദീകരിക്കുന്ന പ്രവർത്തനം ഉപയോഗിച്ച് പഠനത്തിന് അനുകൂലമായ ഒരു പരിസ്ഥിതി സൃഷ്ടിച്ചിരിക്കുന്നു. (എല്ലാവർക്കും ഉപയോഗിക്കാൻ പറ്റിയ കാര്യങ്ങൾ എടുത്ത് വിശദീകരിക്കുന്ന പ്രവർത്തനം ഉപയോഗിച്ച് പഠനത്തിന് അനുകൂലമായ ഒരു പരിസ്ഥിതി സൃഷ്ടിച്ചിരിക്കുന്നു.) എല്ലാവർക്കും ഉപയോഗിക്കാൻ പറ്റിയ കാര്യങ്ങൾ എടുത്ത് വിശദീകരിക്കുന്ന പ്രവർത്തനം ഉപയോഗിച്ച് പഠനത്തിന് അനുകൂലമായ ഒരു പരിസ്ഥിതി സൃഷ്ടിച്ചിരിക്കുന്നു." ↓
63.	Sneha Suresh	III DC Physics Very useful and inspiring informations has received.
64.	krishna Priya G	III DC Physics Got a lot of unknown informations and was very interesting.
65.	Maheswari. Mohan. M.V	familiar ^{or} known to know.
66.	Gayathri. U.R	Informative exhibition.
67.	Anandhu. P.S	II DC Economics Informative exhibition
68.	Vidhun	II DC Eco
69.	Pooja Sankumar	II DC Economics, Star Map

Srno	Name	Department and	Remarks
70.	Nandhana M	II DC Economics	Star Map
71.	Arathy A	II DC Economics	Star Map
72.	Rukhsana	II DC Economics	Star Map
73.	Sangeetha	II DC Economics	Star Map
74.	Christy	II DC Economics	Star Map
75.	Athira	II DC Economics	Star Map
76.	Arathy	II DC Economics	Star Map
77.	Mansi HG	III DC Physic	Ok kolla
78.	Kanthana A.M	"	Excellent
79.	Namisha jyothy	"	Good
80.	Anjun S.S	"	Outstanding
81.	Boonerge	"	Indrasart & Calcutti
82.	Aswin R	"	Presentation - Excellent
83.	Ashen Navar	"	
84.	Abhinand B	"	Good A-B
85.	Vishakh.	"	Chandrayan-3 Verbat
86.	AKSHAY - KS	"	
87.	Jithesh	"	Chandrayan-3 Jith
88.	Jeehan J. Nair	II DC Economics	Star map
89.	Manjasi MS	"	PSLV model
90.	Kasthika MS	"	Phases of Moon
91.	Jani S	"	
92.	Meenakshy P	"	
93.	Nanmasaj PS	"	
94.	Anjana V	"	
95.	Nandhu A	"	
96.	Vin Saithe S	I DC Economics	Excellent.
97.	Meenu B	"	good
98.	Vandana R.S	II DC Economics	Excellent.
99.	Abhaya A.P.	II DC Economics	Excellent.
100.	Ajeesh S.F	II DC physics	Excellent
101.	githa S	II DC physics	Excellent
102.	Devanarban N	II DC physics	Excellent

Sl. No.	Name	Department	Remarks	Signature
103	Alfena N	I st Economics	Excellent	Alfena
104	Abhinaya	"	Good	Abhinaya
105	Haleema	"	Excellent	Haleema
106	Anjana	"	Excellent	Anjana
107	Nidhya	"	Excellent	Nidhya
108	Haseeshma	"	Good	Haseeshma
109	Devika	"	Good	Devika
110	Sona	"	Excellent	Sona
111	Noorja	"	Good	Noorja
112	Adeeshma	"	Good	Adeeshma
113	Geetha	"	Excellent	Geetha
114	Aanya	"	Good	Aanya
115	Meenakshi	"	Excellent	Meenakshi
116	Krishna priya - S	"	Excellent	Krishna priya - S
117	Hajara	"	Good	Hajara
118	Nandhana	"	Excellent	Nandhana
119	Anandhu	"	Excellent	Anandhu
120	Akshay	"	Good	Akshay
121	Anavinda	"	Excellent	Anavinda
122	Anoop A S	"	Good	Anoop A S
123	Adwaith R S	"	Excellent	Adwaith R S
124	Vidhan	"	Excellent	Vidhan
125	Sangeeth	"	Good	Sangeeth
126	Aifad	"	Excellent	Aifad
127	Drishya M O S	II nd Msc physics	Excellent	Drishya M O S
128	Sajeena Devi S	"	Good	Sajeena Devi S
129	Jeni Krishna	"	Good	Jeni Krishna
130	Bhavana S	"	Outstanding	Bhavana S
131	Sulekshmi S	"	Excellent	Sulekshmi S
132	Gauthamjith B	"	Excellent	Gauthamjith B
133	Meenakshi S	"	Outstanding	Meenakshi S
134	SARATH P S	"	Good	SARATH P S
135	Adarsh S	3 rd DC physics -	Outstanding - -1112 model	Adarsh S

Sl. No.	Name.	Department	Remarks	Signature.
136	Lachari H	I st DC physics - Co-ordinator & lab in-charge		<i>[Signature]</i>
137	Abdul George	I st DC physics	"	<i>[Signature]</i>
138	Parvathy V K	"	International group station	<i>[Signature]</i>
139	Nandana Vijaykumar	I st DC physics	"	<i>[Signature]</i>
140	PREENITHI. S. PILLAI	I st DC physics	"	<i>[Signature]</i>
141	Sam Saijeev	I st DC B.com	good	<i>[Signature]</i>
142	Dr. Manish B	Dept of Econm	Excellent presentation	<i>[Signature]</i>
143	Salu S	I st DC English	Excellent	<i>[Signature]</i>
144	Nithya Krishnan. u	I st DC English	good	<i>[Signature]</i>
145	Dr. Jayalokshmi. A	Dept of Botany	Excellent	<i>[Signature]</i>
146	Abhisami A	1 st M.Sc. Physic	Excellent	<i>[Signature]</i>
147	Alfiya. K. S.	"	Chandrayaan-3 Excellent	<i>[Signature]</i>
148	Amina. B	"	Presentation Excellent	<i>[Signature]</i>
149	Anu Vijay. L	"	Presentation - Excellent	<i>[Signature]</i>
150	Archana Arif	"	Constellation - Excellent	<i>[Signature]</i>
151	Ashwani SS	"	Presentation - Excellent	<i>[Signature]</i>
152	Chirpy. C	"	Presentation & Chandrayaan-3 Excellent	<i>[Signature]</i>
153	Gopika Rajan	"	Constellation - Excellent	<i>[Signature]</i>
154	Poojirej Marsha	"	Presentation - Excellent	<i>[Signature]</i>
155	Parvathy S. S	"	Presentation - Excellent	<i>[Signature]</i>
156	Shekha. Baboo	"	Presentation - Excellent	<i>[Signature]</i>
157	Preelokshmi. B.S	"	Constellation - Excellent	<i>[Signature]</i>
158	Preelokshmi. S. Suresh	"	Chandrayaan-3 - Excellent	<i>[Signature]</i>
159	Prasanthi.	1 st M.Sc. Physica.	chandrayaan-3 Excellent	<i>[Signature]</i>
160	Mukantod Fawar	1 st B.com	Excellent	<i>[Signature]</i>
161	Mukantod Thangude	"	Good	<i>[Signature]</i>
162	Sumith. S	"	Good	<i>[Signature]</i>
163	vidhana madhav	"	Good	<i>[Signature]</i>
164	vivek. M	1 st BA english	Excellent	<i>[Signature]</i>
165	Harash. V. R	1 st BA english	Excellent	<i>[Signature]</i>
166	Adithyan. M	1 st BA English	Extra-ordinary	<i>[Signature]</i>
167	Abhishek. S. Anus	"	Excellent	<i>[Signature]</i>
168	Aradhya. V. S.	"	Excellent	<i>[Signature]</i>

Sl. No	Name	Department	Remarks	Signature
170	Dewika . S	B.com	Excellent	
171	Siva Prabu . P	B.com	Excellent	
172	Shardham . V	B.com	Excellent	
173	Lekshmi . M	B.com	Excellent	
174	Prema . N	B.com	Excellent	
175	Anurtha . J	B.com	Excellent	
176	Rukmana . N	B.com	Excellent	
177	Surabi . S	B.com	Excellent	
178	Dhanush . S . Kumar	B.com	Excellent	
179	Ashish . K . John	II Physics	Excellent	
180	Arun . M . K . Pillar	II nd D.C. Physics	Excellent	
181	Appu . R	II Physics	Excellent	
182	Shafi . S	II nd D.C. Physics	Excellent	
183	Sreyas . P	II nd D.C. Physics	Excellent	
184	Annilal . L	II nd D.C. Physics	Excellent	
185	Murthy . A	II nd B.com	Outstanding	
186	Aliya . S	II nd D.C. B.com	Outstanding	
187	Krishna Pragna . S	II nd B.C. B.com	Outstanding	
188	Anna . A . S	II B.com	Interesting	
189	Amitha Prasad	II nd B.com	Interesting	
190	Shreya . M . S	II nd B.com	Interesting	
191	Niharika . K . S	II nd Physics	Excellent	
192	Sreelekshmi . B	"	Excellent	
193	Dr. Symbankrishna	Chemistry dept	Outstanding	
194	Vaishna Santhosh	II nd B.com	Excellent	
195	Akhila Raj	II nd B.com	Excellent	
196	Hari Krishna	II nd B.com	Excellent	
197	Vidhu . V . L	Commerce	Excellent	
198	Nishara . A	"	Superb	
199	Abhinav . S	II nd B.com	Good	
200	Arjun . S	II nd B.com	Very good	
201	Aksh . A . K	II nd B.com	Excellent	
202	Tishra . L . S	II nd B.com	Wow	
203	Nayana . M	II nd B.com	Nice	

Sl. No.	Name.	Department	Remarks	Signature.
204	Ablushak A.J	B.com	Excellent	Ablushak
205	Dr. Kantha. L	Common	Excellent	Kantha
206	Geetha. R	I st B.A. English	Excellent	Geetha
207	IRFANA. A	B.A English	Excellent	Irfaana
208	Seethal. S	B.com 1 st yr	Excellent	Seethal
209	Hajara. M	B.com 1 st yr	Excellent	Hajara
210	Megha. B	B.com 1 st yr	Interesting	Megha
211	Quya. J	II nd De physics	Interested in	Quya
212	Ravashy. J	"	Excellent	Ravashy
213	Rajasee. R.S	I st De english	Excellent	Rajasee
214	Ranukrishna. R	"	Informative	Ranj
215	KRISTINA SANTOSH	"	Nice	Kristina
216	Pooja. S	II nd De physics	Interesting	Pooja S.
217	Mirna B. S	"	Excellent	Mirna
218	Kanthika. S	"	Nice	Kanthika
219	Aaluvaittha. S. R	"	Informative	Aaluvaittha
220	Nihil Nall. R	"	Nice	Nihil
221	Nirreesh Kumar. S	"	Excellent	Nirreesh
222	Dr. SREETA. V	Dept. of Zoology	Interesting &	Sreeta V.
223	Dr. Geetha. J	"	Productive	Geetha
224	Sudhakar. V. V	III rd De phy	Excellent	Sudhakar
225	Santhi. B. G	I st physics	Excellent	Santhi
226	Youni Sankar. J	II nd Physics	Good	Youni
227	Enjith. S	III rd physics	Great	Enjith

REPORT ~ SPATIUM 2023

In association with the World Space Week 2023, a space exhibition "SPATIUM 2023" was conducted on November 21 and November 22. The inauguration was done by the Principal Sri Lakshmi S on November 21 at 10:30 am. Models of PSLV rockets, geostationary and geosynchronous satellites, star map, solar system, international space station, space debris, James Webb Telescope were made by the students, images of curiosities in space and charts of Big Bang Theory, Evolution of Earth, Black hole and its types, solar system, star formation, features of PSLV and GSLV rockets, Educat, geosynchronous and geostationary satellites, women in space, Chandrayaan-3, first in moon, first space mission, first sun mission, first man in space, first launch vehicle, list of space organisations, first animal in space, world's first space station etc were presented. Puzzles and games were organized. A presentation about the science behind the launch of Chandrayaan-3 was arranged by the PG students. The moon's surface and models of Chandrayaan's lander Vikram and rover Pragyan was set up and it was a visual treat for the viewers. A representation of our constellation was done using LED's.

Day - 1

On November 21, Principal inaugurated the exhibition at 10:30 am. A total of 161

participants visited the exhibition on the first day. Faculties from Chemistry departments, office staff and students from Zoology, English, Physics and chemistry departments visited. The models and charts were explained by the volunteers. The key attraction of the exhibition was the representation of moon's surface and Chandrayaan-3. It was set in a dark ambience. Day-1 concluded with the positive feedbacks from the visitors.

Day-2.

On November 22, exhibition started at 9:30am. A total of 227 participants attended the exhibition. Students from MNSS English Medium School, Kolliyam visited the exhibition. About 120 students from classes 3 to 7 and teachers were present. Students were very enthusiastic and interacted actively. The volunteers explained the charts and models in a way that even the students understood the similarities of space. The representation of moon surface and Chandrayaan-3 was a new experience for the students. The children participated actively in all the games organized for them. Afterwards, they attended the presentation by the first year P.G. students about the science behind the launching of Chandrayaan-3. It was followed by a short magic trick by office staff Mr. Kannan.K.S. After lunch, the students and faculty members from English, Economics, Commerce, Chemistry, Zoology, Botany, Malayalam visited the

exhibition. The exhibition came to an end by 3:15pm.

The exhibition was accepted warmly and enthusiastically by all the visitors. The department is happy and proud of its students for effectively organising SPATIUM - 2023.

Smitha

Dr. Smitha S.L.

MMNSS COLLEGE KOTTIYAM


POST GRADUATE DEPARTMENT OF PHYSICS

&

SCIENCE CLUB IN ASSOCIATION WITH IQAC

presents

"SPATIUM"

To the fascinating world of space 

VENUE : PHYSICS LAB

DATE: 21/11/2023 & 22/11/2023

TIME : 10.00 am to 3.00 pm

All are cordially invited 

MMNSS COLLEGE, KOTTIYAM

NSS UNIT NO. 37 A & B

REGULAR ACTIVITIES REPORT DECEMBER 2021-22

Independence Day August 15, 2021

Independence Day was widely celebrated by NSS Volunteers. Different competitions such as poster making competition titled 'Independence of Women from Dowry', Quiz competition etc. were conducted. Winners were given trophies and certificates. The volunteers posted photos with flags under the heading "Selfie with flag".

Independence Day (August 2021)



THOUGHT I BELIEVED THE AIR OF FREEDOM BECAUSE OF THE DEEDS OF OUR GREAT FREEDOM FIGHTERS.

Poster making competition *Quiz competition*

Selfie with flag

Selfie with Flag

Selfie with flag



Quiz Competitions:

FIRST PRIZE.

YADHU B NAIR BA ECONOMICS

SECOND PRIZE

MEENAKSHI BA ENGLISH

THIRD PRIZE

NANDANA L BScPHYSICS

POSTER MAKING COMPETITION



FIRST PRIZE

ARYA SHAJI (BA ENGLISH)

KARTHIKA A (BSc CHEMISTRY)

SECOND PRIZE

NANDHANA B (BSc CHEMISTRY)

THUSHARA L (BSc PHYSICS)

THIRD PRIZE

GOURI S (BSc CHEMISTRY)

GANDHI JAYANTI

OCTOBER 2 - ശുചീകരണ യജ്ഞം

National Service Scheme actively undertakes cleaning of College Campus. Our hundred volunteers actively participated in the programme in the leadership of programme officers Dr. Maneesh.B and Dr. Jayalekshmi.R



ORIENTATION AND SCHEME OF THE YEAR 2021-22, October 3

As a regular practice of NSS activity, we conducted an online Orientation programme for second year students. In this meeting, Dr. Maneesh.B and Dr. Jayalekshmi.R took class regarding forthcoming plan of actions. All volunteers actively participated. Through this meeting, blood donation forum and palliative care list of volunteer representatives also selected. One volunteer for Jagratha Samithi were also selected.



October 25, 2021

Nomination of Volunteers for Online University Level Palliative Training Programme (First Level)

Following students were selected for Online University Level Palliative Training Programme

- | | |
|-------------------------|------------|
| 1. Chandraj.KS | II Zoology |
| 2. Sreelekshmi.G.Prasad | II English |

Nomination of Volunteers for Online District Level Palliative Training Programme

Following students were selected for Online District Level Palliative Training Programme

- | | |
|------------------|------------------|
| 1. Karthika.A II | II BSc Chemistry |
| 2. Keerthana.B.S | II BA Economics |
| 3. Haadhiya.S | II Bsc Chemistry |
| 4. Sandra Saji | II BA Economics |

October 27, 2021

Pre-RD Parade College Level Selection

As part of Pre-RD Parade at college level selection, four second year volunteers were participated in the selection procedure. Chandrajith II BSc Zoology, Karthika, II BSc Zoology were selected for Pre-RD selection at University Level. Jayaprasad, II BA English and Aiswarya, II BA Economics were kept as reserve. University Criteria were fully followed for this selection process.

RASHTRIYA EKTA DIWAS OCTOBER 31, 2021

On the day of October 31st, Rashtriya Ekta Diwas, NSS Volunteers took pledge in the campus. Painting competition, Essay competition and Poster making competition were also conducted on the same day. Trophy and certificates were given to all winners.

MJPSS COLLEGE KOTTIYAM
NSS UNIT 37 A & B

OCTOBER 31
RASHTRIYA EKTA DIWAS

Pledge
(Volunteers only)

Painting competition
Send your entries before 31/10/21

Essay writing & competition
Send your entries before 31/10/21

Poster making competition
Send your entries before 31/10/21
Theme: **NATIONAL UNITY DAY**
Topic: **National Unity Day**
(Volunteers only)

Topic: National Unity Day
Send your entries before 31/10/21

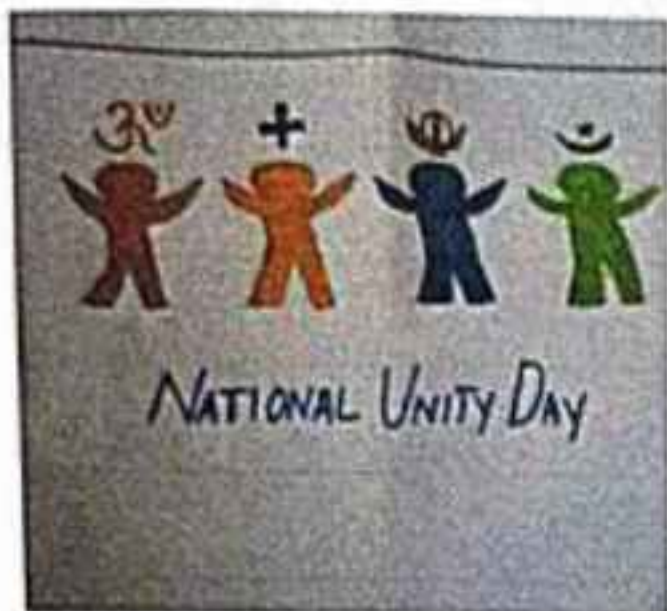
All students can participate



PAINTING COMPETITION

FIRST PRIZE

GOURI S (II BSc CHEMISTRY)



POSTER MAKING COMPETITION

FIRST PRIZE KARTHIKA A (BSc CHEMISTRY)



SECOND PRIZE

ANAGHA (BSc CHEMISTRY)



ESSAY WRITING COMPETITION

FIRST PRIZE

KARTHIKA J PRAKASH (BSc ZOOLOGY)

SECOND PRIZE

PARVATHY A (BSc CHEMISTRY)

THIRD PRIZE

LEKSHMI R M (BSc CHEMISTRY)



NOVEMBER 26 - NATIONAL CONSTITUTION DAY

As a part of National Constitution Day on November 26, NSS volunteers read Preamble of our Constitution and posted their photos in our NSS groups.

READING THE PREMABLE OF OUR CONSTITUTION



DECEMBER 1 - WORLD AIDS DAY

BLOOD DONATION CAMP

On World Aids Day, NSS Unit organized a Blood Donation Camp in association with IMA, Kollam at College Campus at 10 AM. 56 volunteers including Dr. Maneesh.B PO NSS were donated blood in this occasion and volunteers get certificate.



DECEMBER 2

POVERTY ENUMERATOR TRAINING PROGRAM BY MAYYANAD GRAMA PANCHAYATH AND MMNSS COLLEGE KOTTIYAM

Mayyanad Panchayth had conducted a Poverty Enumeration Training Programme on 2/12/2021 at Mayyanad Panchayath Hall. Volunteers from all departments were actively participated in this certificate programme.



DECEMBER 03

ENROLMENT FOR FIRST YEAR STUDENTS 2020-21

Enrolment for first year students in the college starts in December 3 in different phases. Students from all departments were actively participated in enrolment programme. Different criteria such as interview, cultural talents, extra-curricular activities were taken for selection criteria. The selection process completed at the end of December.



DECEMBER 4

NOTICE DISTRIBUTION OF 'GO ELECTRIC CAMPAIGN'

As an introductory part of Urjjakiran Programme, our NSS volunteers distributed notices of our forthcoming programmes to the neighbouring villages of Mayyanad panchayth and invited them to the event.



DECEMBER 9

'ഉദ്ദീപ്ത കിരൺ 2021'- "GO ELECTRIC CAMPAIGN"

As a part of Urjjakiran Programme, our NSS unit in collaboration with Mayyanad Gramapanchayath conducted an Energy Conservation Rally, Pledge, Signature Campaign, Seminar and Awareness class on 9th December 2021. Energy Conservation Rally was inaugurated by Smt. J.Shahida, Mayyanad Gramapanchayath President. Signature Campaign was also took place at Kottiyam Junction, which was inaugurated by Mayyanad Panchayath Member Salavudeen. A lucky dip was also arranged there and the winner got an LED tube light. The official inauguration was done by Honourable M.Houshad MLA at Panchayath Seminar Hall. Following inauguration, an awareness class on energy management were delivered by Dr.C.Biju, Assistant Professor, Department of Botany, SN College, Varkala.

ഉദ്ദീപ്ത സംരക്ഷണ രാലി



Pledge and Signature Campaign



Awareness Campaign at Mayyanad Panchayath



JANUARY 3, 2022

ONE DAY WORKSHOP-CUM-TRAINING ON STARTUP IN ANIMAL HUSBANDRY SECTOR

The Animal Husbandry Department had conducted an One Day Workshop-cum-Training on Starts-Up in Animal Husbandary Sector on January 3, Monday 2022 at Livestock Management Training Centre, Kottiyam. This training programme was inaugurated by Honorable Minister for Animal Husbandry Smt. Chinchu Rani. 20 volunteers participated in this programme. Government certificates were provided to all participants.



JANUARY 12

NATIONAL YOUTH DAY

To commemorate the birthday of Swami Vivekanand, who were a great social reformer and an orator, our NSS unit organized the Youth day Celebration on January 12th. As part of this national youth day, NSS unit conducted a quiz and elocution competition. Trophies were given to the winners.

Quiz competition winners:

- I prize: Megha. M and Gouri R Krishnan (I BCom)**
- II prize : Sneha. S and Ajmi. K (I Bse Zoology)**
- III prize : Afra. K and Bushra Fathima (I BA Economics)**

QUIZ COMPETITION



ELOCUTION COMPETITION



Elocution winners:

I prize : Gouri Raj
II prize : Megha. M
III prize : Ajmi.K

(III BSc Zoology)
(I BCom)
(I Bsc Zoology)

Husbandry Fortnight. This programme was inaugurated by Dr.Arun S Nair IAS. The programme was presided by college principal in charge Dr.Kishore Ram. As part of this programme, Dr.Shine Kumar made a special talk. A quiz program was also conducted by radio jokey Smt.Geethu Siva, was a special attraction. Trophies and mementoes were given to the winners. All participants got participation certificate. Dr.Prakash Chandran, PTA Secretary, Dr.Jayalakshmi.R NSS PO, Dr.Sindhu, Assistant Project Officer, Dr.Neena Soman, Veterinary Surgeon, CFSS, Dr.Maneesh.B NSS PO gave felicitations. Dr.Sreeja.V delivered vote of thanks.

Animal Husbandry Fortnight 2022



DR ARUN S NAIR I A S
(Asst Collector Kollam)

QUIZ COMPETITION



I PRIZE : DEPARTMENT OF ENGLISH

II PRIZE : DEPARTMENT OF PHYSICS

III PRIZE : DEPARTMENT OF ZOOLOGY

JANUARY 28

PALLIATIVE CARE ACTIVITIES

MMNSS College, Kottiyam having an active Students Palliative Club with NSS Unit (Unit No. 37 A & B), as part of enhancing its community outreach activities. The growing instances of cancer in society, and the pain and suffering of the patients are a matter of deep concern to all. As an educational institution, it is our responsibility to reach out to the needs of the population. In order to create a sense of social responsibility and sensitize young minds to become more caring and humane, a Palliative Care Club was formed in our college. Engaging students in the

Palliative care program at once brings out the volunteer in them and gives them an exposure to dimensions of life. It helps in overall personality development of the students. It increases the interaction between this educational institution and the neighboring population creating a bond of trust and goodness between the two.

ACTIVITIES UNDERTAKEN BY THE STUDENT PALLIATIVE CLUBS

UNIVERSITY LEVEL TRAINING

The aim of the online training program conducted by Pallium India Trust in association with NSS was to make student volunteers eligible to provide basic social responds and to develop future generation with social responsibility. It was a six day program from 1/11/2021 to 6/11/2021 which was conducted by Babu Abraham and Dr. A. Shaji. The program started from 10 am and ended at 12 pm. The volunteers Sreelekshmi G Prasad and Chandraj.K.S from MMNSS college (Unit no.37 A &B) participated in the entire program.

During the period of online training, they gained knowledge of basic palliative care through twelve hours of dedicated and interactive sessions through Trivandrum Institute of Palliative Science-Extension for Community Healthcare Outcome (TIPS-ECHO) Certificate programme. The chairman is Dr. M.R. Rajagopal, Sri.Siddik.R is the Director, Department of Student Services, Dr. Shaji.A. is the Progrmme Coordinator. Sri.Babu Abraham is the facilitator of this program.

DISTRICT LEVEL TRAINING

The aim of the online training programme conducted by Pallium India Trust in association with NSS was to make student volunteers eligible to provide basic social support, companionship to patients and to develop future generation with social responsibility. It was a six day program from November 15 to November 20, 2021 which was coordinated by SreePriya.S. The program started from 10 am and ended at 12 pm. The volunteers namely Haadhiya.S, Sandra Saji, Karthika.A, and Keerthana B.S (Unit no.37 A &B) participated in the entire programme.

On the first day (November 15), the program was conducted by Dr.Sreedevi on palliative care, essential principles of palliative care, need for palliative care and different models of palliative care delivery. Second day was guided by Ms.BincyBabu on 'Communication'. Third day was conducted by Dr.Sheeba.RS on topic 'Home based Palliative Care', components, need, services, and types of home based palliative care. Mr.Bharath Mohan supervised session of fourth day on the concept of SANS pain and student initiative in palliative care. Day 5 session was conducted by Mr.Babu Abraham on psycho social support and community participation. Students also come to know about the importance of psychosocial care, its components, concept of neighborhood network in palliative care (NNPC) and Compassionate Community Care (CCC), Community Based Palliative Care (CBPC), different types of community support and role of community volunteers. On the last day, Ms.Ashla Rani guided the class. A testimony of SIPC volunteers and a feedback session from students and an action plan was performed. The entire training programme was a huge success in making students eligible for giving support to the deserved ones.

UNIT LEVEL TRAINING/AWARENESS PROGRAMME

With the help of University Level and District Level training of palliative students support, our unit had an opportunity to share their training ideas on palliative care to whole NSS volunteers during the NSS summer camp. The whole students could get ample opportunity to get an idea about palliative care, essential principles of palliative care, need for palliative care and different models of palliative care delivery.

HOME VISITS

As a part of palliative club initiatives, our NSS volunteers regularly visit the house of palliative persons and give necessary help which is needed for them. By continuous contact, our volunteers would know the needs and demands of them and always interact with the patients and their families to provide moral support for them. Having time to hear their sides makes them cheerful. We also get to know about their medical condition after their check up.



SUPPLY OF MEDICINES

Mayyanad Panchayath comprises 23 wards. The Health Inspector discussed the palliative requirements of the patients residing in each ward. All of them need Diapers, wipes and some medicines. According to their needs we bought large number of Adult diapers from wholesale shop mainly large and medium sized. With the assistance of Asha workers, our

volunteers along with Programme officers visited the patient's home and supplied 30 Diapers for each 17 bed ridden patients and wipes for 10 palliative patients.



DISTRIBUTION OF FOOD KITS

As per the data collected from Asha workers in our Panchayath 18 families need food items. So we decided to contribute seven basic items in a kit, mainly Rice, Pulses, Gram, Tea powder, Sugar, coconut oil and Oats. We visited these families while distributing the foodkits and all of them have very low economic status.



DISTRIBUTION OF CLOTHS AND OTHER NECESSITIES

Sharing of resources to others is a greatest thing that we done in our life. As a part of our NSS seven days camp, we have also get chance to serve inmates in SS Samithi care centre, Kottiyam where people are dealing with mental illness and destitute. The main motive of this care centre is to get back the illness people to common life. Mr.Francis Xavier sir who lead this centre to a great vision and mission. The experience we get from there was very heart touching. And we also share our interest to take part in their initiatives and also deliver the food items and cloths. It was a heart touching moment in life.



FEBRUARY 21

Polio Vaccine Training Programme at Mayyanad Panchayath

MMNSS College NSS Unit in association with PHC of Mayyanad Panchayath conducted a polio vaccine training programme at Mayyanad PHC. 6 NSS Volunteers were actively participated in this one day programme.



MARCH-8 WOMEN'S DAY

On the eve of International Womens Day, NSS unit conducted Elocution competition and Essay Writing competition for college students. The volunteers presented a flash mob in connection with theme of this year in the campus. Winners got trophy and certificates.

Winners:

Malayalam Essay Writing: Dhanalekshmi AB (3rd year BA English)

English Essay Writing : Thanima. A (2nd year BSc Physics)

Elocution :Aneena. S. Nair (3rd BSc Zoology)



FLASHMOB



March 14 2022

Self Entrepreneurship Training Programme at Livestock Management Training Centre, Kottiyam

Livestock Management Training Centre, Kottiyam had conducted an One day Seminar regarding Self Entrepreneurship training programme at Veterinary Hospital, Kottiyam. 13 NSS volunteers actively participated in this seminar.



Dr. Manush B.

Dr. Jayadevishan R.
NSS PROGRAMME OFFICER
UNIT No: 37 A & B



Sally
PRINCIPAL
M. NSS COLLEGE
KOTTIYAM