



Organised by
Department of
Commerce and
ED Club

24/01/2019

Venue:- College
Auditorium



**MMNSS
COLLEGE,
KOTTIYAM**

**PAPER PEN
MAKING**

**SKILL
TRAINING
PROGRAMME**

MMNSS COLLEGE, KOTTIYAM
DEPARTMENT OF COMMERCE


PAPER PEN MAKING
IN ASSOCIATION WITH
ENTREPRENEURSHIP DEVELOPMENT CLUB

ACTIVITY REPORT

Department of Commerce organized a skill training programme: paper pen making for students from MMNSS college and nearby colleges on 24/01/2019 at 10 A.M. 90 student participants and 4 faculty members attended the programme. 50 student participants were from Don Bosco College, Kottiyam and Mannam Memorial English medium school. The present programme was conducted in association with DIC and ED Club. Paper pen making aimed to impart skill training to student participants and equip them to produce such eco-friendly products. The students were highly benefited with the programme so as to develop artistic talents and capacity to reduce plastic waste. Any new knowledge or skill acquired by students will benefit them in their future. Paper pen making programme will definitely equip them to undertake it as a means of livelihood and also promote their sense of expression.

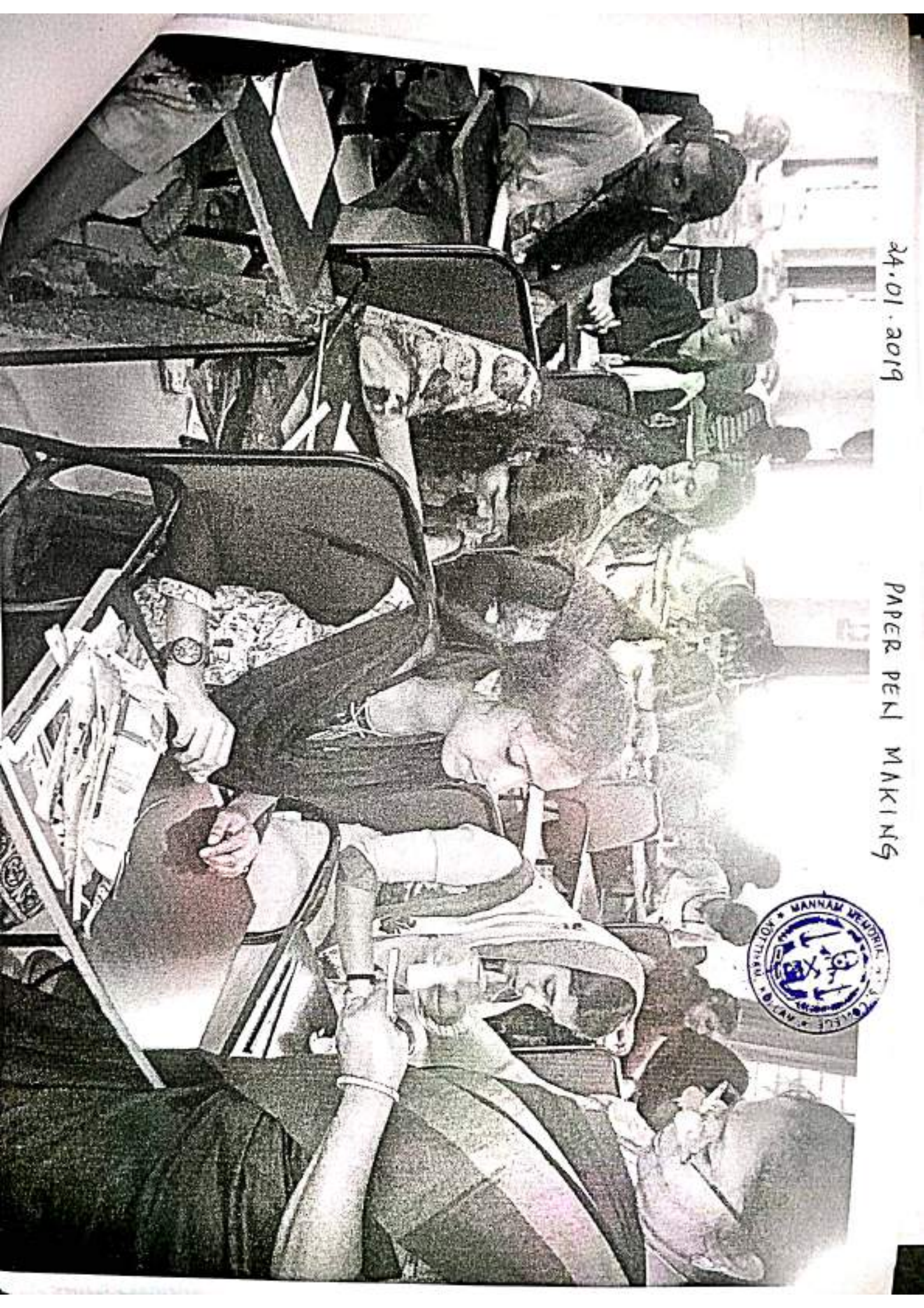

PRINCIPAL
MM NSS COLLEGE
KOTTIYAM




Associate Professor & Head
Dept. of Commerce
M.M. NSS College
Kottiyam, Kollam

24.01.2019

PAPER PENI MAKING



24. 01. 2019

PAPER PEKI MAKING



Department of English
MMNSS College, Kottiyam

Date: 17/12/2018

NOTICE

This is to inform all the students that Department of English has taken an initiative to offer a one-day **Soft skill Training Program Break the Limits: Personality Development Programme** on 21st December 2018 to develop the communication skills of the students. The venue and time for the programme is Seminar Hall at 10 am. Hence, all the aspiring students are hereby requested to contact the convenor, Prof.T.R.Madhu, Head of the Department for the enrollment process as well as for any query regarding this notice.

Program Highlights:

- Improving soft skills
- Introduction to personality development
- Public Speaking
- Practical tips and Resources

Prof.T.R.Madhu

HOD

Department of English


Head

Department of English
MMNSS College, Kottiyam



Report on Soft skill program 2018-2019

Date: December 21, 2018

Venue: Seminar Hall, MMNSS College, Kottiyam

Event Overview:

On December 21, 2018, the Department of English along with The Theatre Club at MMNSS College hosted a one-day soft skill program **Break the Limits: Personality Development Programme** focused on developing soft skills and giving Career English Guidance. The event aimed to provide students with valuable insights and practical advice regarding career opportunities and the importance of English proficiency in the professional world.

The program featured Sujith Edwin Pereira, Course Director, Yuva Vikas Kendra, Trivandrum as the key note speaker. He brought a wealth of knowledge and experience to the session, making it an engaging and informative event for all participants.

A total of 55 students from various disciplines attended the program. Their active participation and engagement throughout the session highlighted their interest in exploring career opportunities and enhancing their English language skills.

Program Highlights:

1. **Introduction to Career Opportunities:** He began the session by discussing various career paths where English proficiency plays a crucial role. He highlighted fields such as business, journalism, education, and international relations, emphasizing the growing demand for strong communication skills in the global job market.
2. **Importance of English Proficiency:** The speaker provided insights into how English proficiency can significantly impact career advancement. He shared practical tips on improving language skills, including reading, writing, and speaking exercises.
3. **Interactive Q&A Session:** Following the presentation, he engaged with students through a dynamic question-and-answer session. Students posed various queries regarding career planning, language enhancement techniques, and professional development. The interactive discussion allowed for personalized advice and clarification of doubts.
4. **Practical Tips and Resources:** The session shared a range of resources and tools that students can utilize to improve their English proficiency and explore career opportunities. These included recommended books, online courses, and professional networks.

Feedback and Outcomes: The feedback from students was overwhelmingly positive. Many participants expressed their appreciation for the practical advice and guidance provided by him. The program successfully highlighted the importance of English proficiency in career development and equipped students with actionable strategies for improvement.



Conclusion:

The soft skill development Program was a valuable initiative that offered students a comprehensive understanding of how English proficiency can influence their career trajectories. The expertise and insights shared by Mr. Pereira have equipped students with the knowledge and tools necessary for their professional growth.

The Department of English at MMNSS College extends its gratitude to Mr. Pereira for his contribution and to all participating students for their enthusiasm and engagement. The program underscored the department's commitment to providing students with relevant and impactful career guidance.

Report Prepared By:

Prof. T.R. Madhu

HOD

Department of English
MMNSS College


Principal
M.M.N.S.S. COLLEGE
KOTTIYAM



MANNAM MEMORIAL NSS COLLEGE, KOTTIYAM

5.1.2 CAPACITY BUILDING AND SKILL ENHANCEMENT INITIATIVES

1	Programme	SKILL DAY - Paper and Cloth Bag making
2	Date(s)	16 July 2018
3	Nature of programme	Soft Skill
4	Organised by	NSS
5	Collaboration if any	Nil
6	Resource Person if any	Nil
7	Number of students benefitted	25
8	Number of teachers involved	-
9	Description of the Programme	Volunteers prepared paper bags and cloth bags and collected bags for distributing into the locality. The initiative is taken to reduce the uses of plastic bags.



[Signature]
Principal
M.M.M.B. COLLEGE
KOTTIYAM



Department of English
MMNSS College, Kottiyam

Date: 14/11/2018

NOTICE

This is to inform all the students that Department of English has taken an initiative to offer a one-day **SPOKEN ENGLISH TRAINING PROGRAM "English for Speaking"** on 18th November 2018 to develop the communication skills of the students. The venue and time for the programme is Smart Class Room, Department of English at 10 am. Hence, all the aspiring students are hereby requested to contact the convenor, Prof.T.R.Madhu, Head of the Department for the enrollment process as well as for any query regarding this notice.

Program Highlights:

- Improving Communication skills
- Introduction to Career Opportunities
- Public Speaking
- Practical tips and Resources


Prof. T.R. Madhu

HOD

Department of English

Head
Department of English
MMNSS College, Kottiyam



Report on Spoken English Training Program "English for Speaking" 2018-2019

Date: November 18, 2018

Venue: Smart Class Room, Dept. of English, MMNSS College, Kottiyam

Event Overview:

On November 18, 2018, the Department of English at MMNSS College hosted a one-day program "English for Speaking" focused on Career English Guidance. The event aimed to provide students with valuable insights and practical advice regarding career opportunities and the importance of English proficiency in the professional world.

The program featured Mr. Alex Mathew, (CEO, T-Horizon) as the key note speaker. He brought a wealth of knowledge and experience to the session, making it an engaging and informative event for all participants.

A total of 65 students from various disciplines attended the program. Their active participation and engagement throughout the session highlighted their interest in exploring career opportunities and enhancing their English language skills.

Program Highlights:

1. **Introduction to Career Opportunities:** He began the session by discussing various career paths where English proficiency plays a crucial role. He highlighted fields such as business, journalism, education, and international relations, emphasizing the growing demand for strong communication skills in the global job market.
2. **Importance of English Proficiency:** The speaker provided insights into how English proficiency can significantly impact career advancement. He shared practical tips on improving language skills, including reading, writing, and speaking exercises.
3. **Interactive Q&A Session:** Following the presentation, he engaged with students through a dynamic question-and-answer session. Students posed various queries regarding career planning, language enhancement techniques, and professional development. The interactive discussion allowed for personalized advice and clarification of doubts.
4. **Practical Tips and Resources:** The session shared a range of resources and tools that students can utilize to improve their English proficiency and explore career opportunities. These included recommended books, online courses, and professional networks.

Feedback and Outcomes: The feedback from students was overwhelmingly positive. Many participants expressed their appreciation for the practical advice and guidance provided by him. The program successfully highlighted the importance of English proficiency in career development and equipped students with actionable strategies for improvement.

Conclusion:

The Career English Guidance Program was a valuable initiative that offered students a comprehensive understanding of how English proficiency can influence their career trajectories. The expertise and insights shared by Mr. Alex Mathew have equipped students with the knowledge and tools necessary for their professional growth.



The Department of English at MMNSS College extends its gratitude to Mr. Alex Mathew for his contribution and to all participating students for their enthusiasm and engagement. The program underscored the department's commitment to providing students with relevant and impactful career guidance.

Report Prepared By:

Pro. T.R. Madhu

HOD
Department of English
MMNSS College

Head
Department of English
MMNSS College, Kottiyam


Principal
M.M.N.S.S. COLLEGE
KOTTIYAM



19/06/2018



College Auditorium

2 pm

**M M N S S
COLLEGE
KOTTIYAM**



MMNSS COLLEGE, KOTTIYAM
DEPARTMENT OF GENERAL LIBRARY

Report of Extension Activity – Vayana Dinam Seminar conducted
by Department of General Library&IQAC

As a part of Reading Day Department of General library &IQAC conduct a talk on Reading and its importance on 19-06-2018 at 10.30 am at college Auditorium. This programme was inaugurated by R. Sreekumar(Research Scholar in Performing Arts) . Sindhu S, Librarian delivered the welcome speech . Our Principal Dr G Girija Devi given a good Presidential address . The present programme felicitated by Dr Kishore Ram (H O D Department of English), Dr Syam Krishnan(Department of Chemistry).vote of thanks of the programme done by Kavitha L(Department Of Commerce) . Most of the students, Teachers and Non Teaching staff were participated in this seminar .R Sreekumar taken an informative section about various aspects of research in performing arts and importance of reading . The session was highly fruitful one.


LIBRARIAN
MMNSS COLLEGE
- KOTTIYAM




Principal
Principal
MMNSS COLLEGE
- KOTTIYAM

5.1.2 CAPACITY BUILDING AND SKILL DEVELOPMENT INITIATIVES

2018-19 : YOGA DAY CELEBRATIONS

1	Programme	International Yoga Day
2	Date	21/6/2018
3	Nature of Programme	Life Skills
4	Organized by	NCC Kollam Group HQ
5	Collaboration if any	-
6	Resource Person if any	-
7	Number of students benefited	65 NCC cadets of MM NSS College + students from other colleges
8	Number of teachers involved	01 (Associate NCC Officer of MM NSS College)



Cadets attending International Yoga Day Celebration 2018 at Kollam Beach


Principal
M.M.N.S.S. COLLEGE
KOLLAM



**MM NSS COLLEGE
KOTTIYAM**

**AEROBICS FITNESS
TRAINING
PROGRAMME**

2018-2019

Resource Person: Ms. Soosi J

Principal: Dr. Girija Devi

Venue: Seminar Hall

Date: 03/10/2018

Convenor: Dr. Deepak S.S.

DEPARTMENT OF PHYSICAL EDUCATION

Report on Aerobics Fitness Training Programme

The Department of Physical Education has organized an Aerobics class conducted from 3rd October 2018 as a part of fitness training. The aerobic class consisting 70 students and it mainly focuses on one's importance towards health and physical wellness. It is a well oriented Class starting from 3.15 P.M to 5 P.M. This programme is conducted by Ms. Soosy. J, resource person, who is presently working in Christ Nagar school, Thiruvallom as an instructor.

The purpose of this fitness programme is to gain cardiovascular endurance, improved body composition, increased flexibility, increased muscular endurance and strength while learning how to live a fulfilling and healthy life. To achieve such, the activity segments incorporated high, mid and low level impact movements. The three-quarters of the workout consists of a warm-up, a 30-45 minute aerobic workout, followed by a cool-down. Ten to fifteen minutes of every class was spent in learning about the principles of living a healthy and fulfilling life. This Portion included lecture, discussion, learning games, video, and handouts.



Co-ordinator- Dr Deepak S S