

SOFT SKILL TRAINING – 2020 – 2021



ENTREPRENEURSHIP DEVELOPMENT CLUB
MMNSS COLLEGE, KOTTIYAM

TRAINING PROGRAMME ON 'BOTTLE ART'

DATE :12 JANUARY 2021
TIME:4pm
PLATFORM : GOOGLE MEET

Ms. SOBHA ANIL
FEVICRYL CERTIFIED EXPERT



Report on Bottle Art- A training programme by ED Club in collaboration with Department of Commerce

An Entrepreneurship Development Club has been set up in our college in order to develop an awareness among students regarding the importance of Entrepreneurship and the significance of developing entrepreneurial qualities among students. The club tries to build a culture of self- dependence through entrepreneurship and provides a platform for realizing business opportunities by arranging industrial visits, business awareness classes, practical sessions on skill development training, interaction with entrepreneurs etc. As we are still facing the atrocities of the covid 19 Pandemic we are not able to conduct training programmes or industrial visits real time.

Hence on January 12th, 2021 the Club has organized a skill training on Bottle Art making for its members and the programme was conducted through online mode. Google meet was the platform used and 35 students participated in the programme. The training programme on bottle art was conducted to enable students to make themselves self reliant, confident and also as a means for enriching their passion or hobbies. Recycling the old bottles and making a craft out of it is something that everyone is fond of. In these classes, students learned to make some unique color designs over bottles. They have learned the step by step process of glass bottle painting with different styles and techniques.

The classes were handled by Ms. Shobha Anil, a certified trainer who takes classes on various such creative works. The programme was Inaugurated by the Principal of our college, Dr. Beena S and the programme went well and was a great success. The classes helped the children to make beautiful colored designed bottles that can add charm to the corners of their room. This kind of creative art expands a child's ability to interact with the world around them and enhances their imagination skills. Students themselves got ready with their old bottles and our students made really wonderful pieces using their super creativity.


Principal
M.M.N.S.S. COLLEGE
KOTTIYAM


SREEKANATH M
Associate Professor & Head
Dept of Commerce
M.M.N.S.S. College
Kottiyam, Kollam

Department of English
MMNSS College, Kottiyam

Date:15/1/2021

NOTICE

This is to inform all the students that Department of English has taken an initiative to offer a one-day **SPOKEN ENGLISH TRAINING PROGRAM "Boost your English"** on 18th January 2021 to develop the communication skills of the students. The venue and time for the programme is Smart Class Room, Department of English at 10 am. Hence, all the aspiring students are hereby requested to contact the convenor, Dr. Kishore Ram, Head of the Department for the enrollment process as well as for any query regarding this notice.

Program Highlights:

- Improving Communication skills
- Introduction to Career Opportunities
- Public Speaking
- Practical tips and Resources

Dr. Kishore Ram

HOD

Department of English

Head
Department of English
MMNSS College, Kottiyam



**Report on One-Day Programme on Spoken English Training Program "Boost your English"
2020-2021**

On January 18th 2021, the Department of English at MMNSS College successfully conducted a one-day programme "Boost your English" aimed at enhancing public speaking skills among students. The session, held at the seminar hall, witnessed active participation from 65 enthusiastic students.

The programme was inaugurated by the Head of the Department, who emphasized the importance of effective communication skills in today's competitive world. The session was led by Mr. Sreeraj Parakkal (Placement and Training Officer, Bishop Jerome Institute of Technology, Kollam who is renowned for his expertise in public speaking and communication.

Throughout the day, He engaged the students with interactive sessions, focusing on various aspects of public speaking, including voice modulation, body language, and audience engagement. He provided practical tips and techniques to help students overcome stage fright and communicate more confidently.

The highlight of the programme was the Q&A session, where students were encouraged to ask questions and share their own experiences. He addressed each query with insightful answers, making the session highly informative and beneficial for all participants.

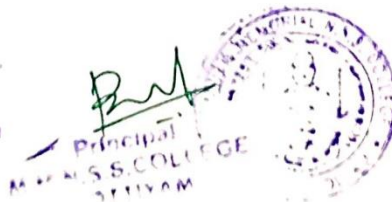
The programme concluded with a vote of thanks, where the students expressed their appreciation for the valuable insights gained during the session. Overall, the one-day programme was a resounding success, leaving the students motivated and better equipped to tackle public speaking challenges in the future.

Prepared by

Dr. Kishore Ram

Head of the Department

Head
Department of English
MMNSS College, Kottiyam

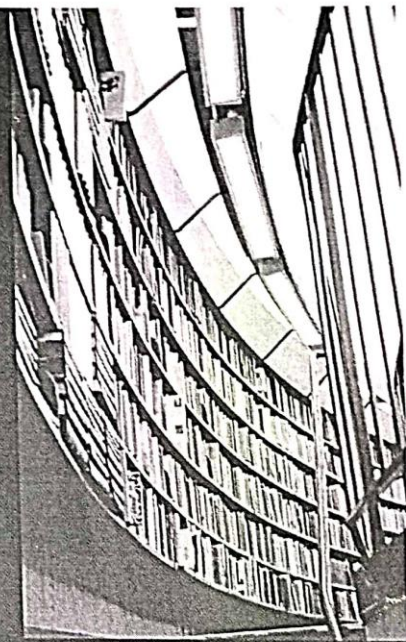




VAYAN DINAM

Seminar Hall
10.30 AM

16/01/2021



MMNSS
COLLEGE
KOTTIYAM

MMNSS COLLEGE, KOTTIYAM
DEPARTMENT OF GENERAL LIBRARY

**Report of Extension Activity – Vayana Dinam Seminar conducted
by Department of General Library & IQAC**

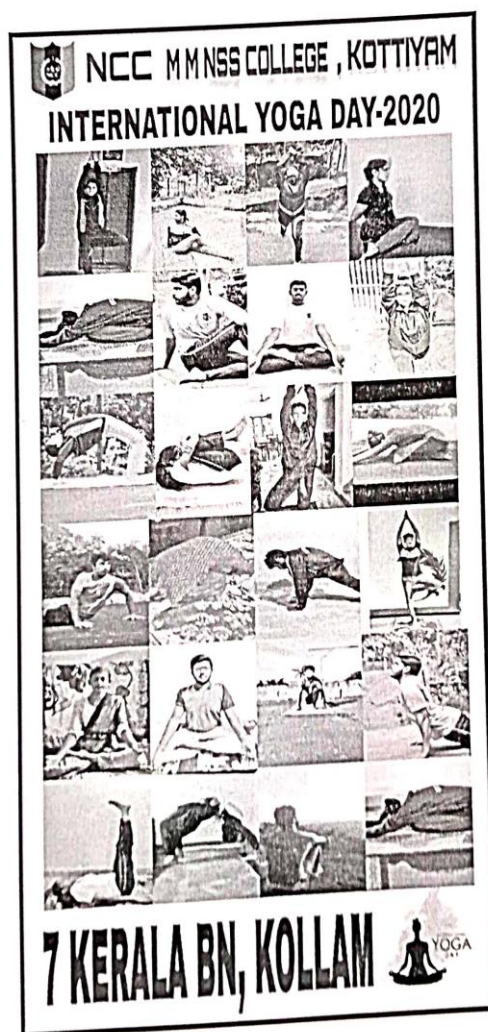
As a part of Reading Day, Department of General library & IQAC conduct a talk on Reading and its importance on 16-01-2021 at 10.30 am at seminar hall. This programme was inaugurated by Kureepuzha Sreekumar(Poet) .Welcome Speech was delivered by Sindhu S, College Librarian . Our principal Dr.Beena K S given an informative talk on importance of reading during his Presidential address.Felicitation of the session done by Dr SyamKrishnan (Department of Chemistry)and Dr Jayakrishnan (H O D Department of English)Vote of thanks delivered Mahima.CV(Department Of Commerce).Most of the students,Teachers and Non Teaching staff were participated in this seminar .Renowned poet kureeppuzha Sreekumar taken an informative session about various aspects of poetry and reading habits . This seminar motivated students for encouraging their reading Habits . The seminar was very fruitful one.


LIBRARIAN
M M N S S COLLEGE
KOTTIYAM




Principal
Principal
M.M.N.S.S.COLLEGE
KOTTIYAM

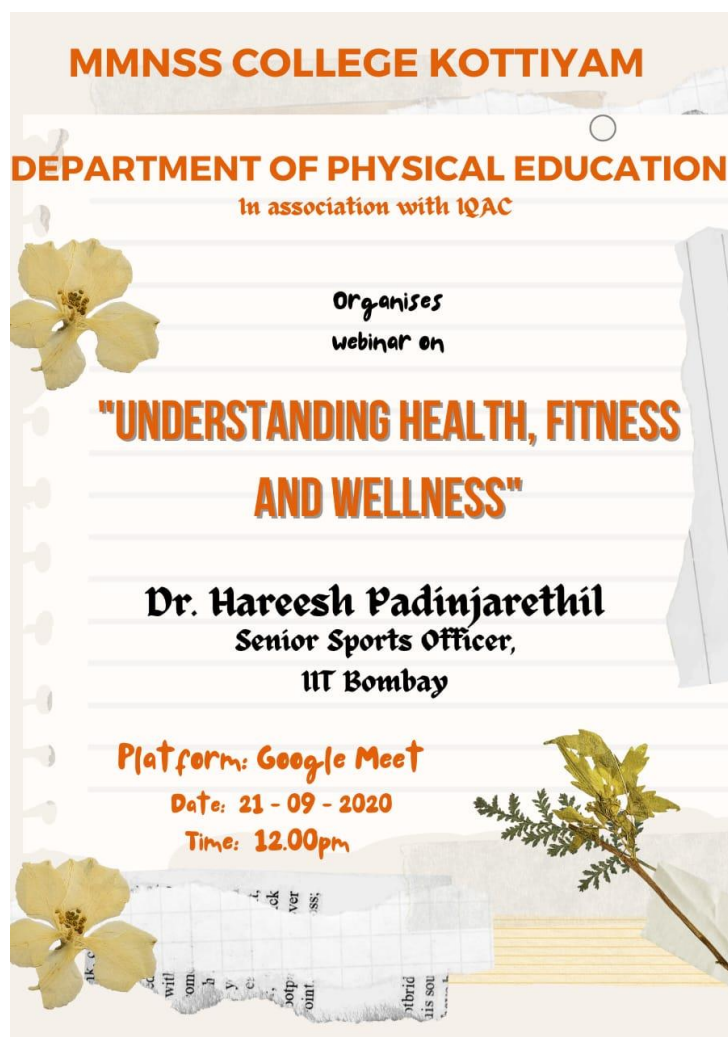
1	Programme	International Yoga Day
2	Date	21/6/2020
3	Nature of Programme	Life Skills
4	Organized by	NCC Unit, MM NSS College Kottiyam
5	Collaboration if any	-
6	Resource Person if any	-
7	Number of students benefited	40
8	Number of teachers involved	1
	Report	Due to COVID-19, We observed international yoga day by carrying out Yoga at home itself. Cadets performed basic yoga techniques and breathing exercises.



Principal
M.M.N.S.S. COLLEGE
KOTTIYAM



WEBINAR : UNDERSTANDING HEALTH, FITNESS AND WELLNESS



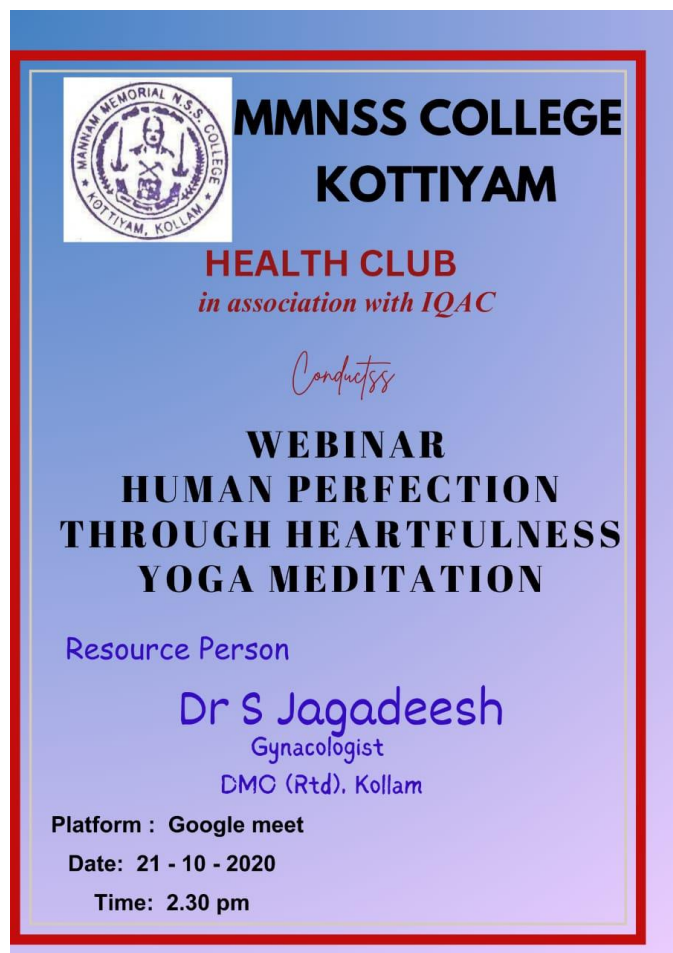
Report of Webinar on Understanding Health, Fitness and Wellness

Department of Physical education in Association with IQAC has conducted a National Webinar through Google meet on 'Understanding Health, Fitness and Wellness 'on 21st September 2020 at 12 pm to 1pm. Dr. Geetha. S, HOD, Department of Physical Education gave the Welcome Speech. Presidential address given by Dr. Beena.S Principal of the College. Felicitation given by Dr. Sreekumar, HOD, Department of Commerce and Dr. P.Chithra, IQAC Co-ordinator. Dr. Hareeshpadinjarethil, Senior Sports Officer, IIT Bombay was the Resource person. He explained the importance of being physically fit and healthy in our daily life. He

also gave information regarding Natural body building and its benefits in life. It was an exciting session for both students and teachers. Ananthuprasad, BSc Chemistry given the vote of thanks.

WEBINAR :

HUMAN PERFECTION THROUGH HEARTFULNESS YOGA MEDITATION



**MMNSS COLLEGE
KOTTIYAM**

HEALTH CLUB
in association with IQAC

Conducts

**WEBINAR
HUMAN PERFECTION
THROUGH HEARTFULNESS
YOGA MEDITATION**

Resource Person

Dr S Jagadeesh
Gynaecologist
DMC (Rtd), Kollam

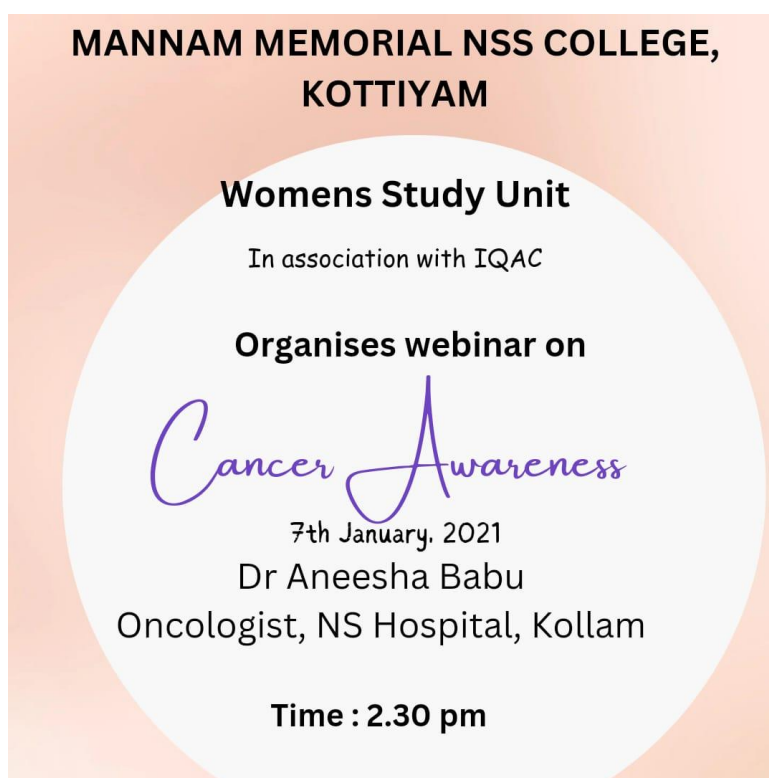
Platform : Google meet
Date: 21 - 10 - 2020
Time: 2.30 pm

Report of Webinar On Human Perfection Through Heartfulness Yoga Meditation

The IQAC in association with health club of M. M. N. S. S college organised a webinar on the topic "Human perfection through Heartfulness yoga meditation" on 21st Oct. 2020, at 2.30pm through the google meet platform. The webinar began with a prayer song and after which the welcome speech was delivered by Dr. Chithra. P, assistant professor of commerce and IQAC

coordinator. She welcomed all the speaker's, chief guest and the participants. The inauguration was done by the Honourable principal Dr.Beena.S who extended her full hearted support to the program. The felicitation speech was rendered by Dr. Sreekumar.M, Associate professor and Head of the department of commerce. He expressed his happiness in felicitating the program and wished all success. The session was handled by Dr. S Jagadish Gynaecologist, DMO (Rtd) Kollam. He spoke about the importance of Yoga in human life and demonstrated different types of meditations. The webinar ended with a vote of thanks delivered by Sreelekshmi.M S,student of second year B. Com who thanked all the respected speakers, organizers and participants on behalf of the institution.

WEBINAR – CANCER AWARENESS




Webinar Report – Cancer Awareness

The Women's Study Unit of M.M.N.S.S. College, Kottiyam, in association with the college IQAC had organized a webinar on the 7th of January, 2021, 2.30 PM. The session handled by Dr.

Aneesha Babu (Oncologist, N.S. Hospital, Kollam) addressed the increased rate of cancer in Kerala, its causes and implications, with special reference to Breast, Ovarian and Prostrate cancers. Around 95 students, including both girls and boys, participated. Dr. S. Beena, Principal presided over the session. Dr. K.S. Beena, (convenor, WSU) and Dr. Chitra P. (Coordinator, IQAC) offered felicitation.

WEBINAR : CYBER CRIME AND SECURITY

**MANNAM MEMORIAL
NSS COLLEGE
KOTTIYAM**



ORGANISED BY IQAC

**WEBINAR ON
'CYBER CRIME
AND CYBER SECURITY'**

Resource person:

Mr. Prathap N.
Senior Civil Police Officer,
Cyber Crime Police Station,
Idukki

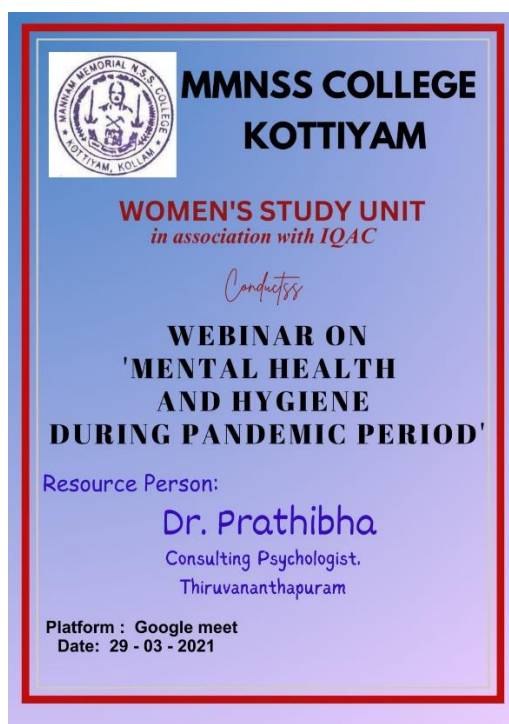
Platform: Google Meet
Date: 04 - 2 - 2021

Report of Webinar on CYBER CRIME AND CYBER SECURITY

On 4th February 2021, a webinar was organised by IQAC on the topic “cyber crime and cyber security for students” of M.M.N.S.S College through the Google meet platform. The webinar began with a prayer song after which the welcome speech was rendered by Dr Chithra P

Assistant Professor of commerce and IQAC coordinator who welcomed all the speakers and participants to the program. After the welcome speech the honourable principal of our college Dr Beena S delivered the presidential address. The session was handled by Mr PradapN, senior civil police officer, cyber crime police station idukki. He spoke about the increasing cyber crimes in our society and suggested various security measures that have to be followed while using internet and other social media platforms. It was a very interesting and informatics session which was of great use for the students. The Program ended with a vote of thanks rendered by SreeLekshmi M S, student of second year B.COM who thanked the chief guest, speakers and the participants on behalf of the institution.

WEBINAR : MENTAL HEALTH AND HYGIENE DURING PANDEMIC PERIOD



Report of Webinar on Mental Health And Hygiene During Pandemic Period

A webinar organized by the Women's Study Unit of M.M.N.S.S. College, Kottiyam, in association with the college IQAC was held on March 29, 2021. Dr. Prathibha, Consulting Psychologist, Thiruvananthapuram addressed the issues of mental health and hygiene of students during the pandemic situation and the subsequent virtual mode of education. Both

first year girls and boys participated and evaded their exam fear and other related issues of the new learning. The session was presided over by Dr. S. Beena, the college Principal. Dr. K.S. Beena, (convenor, WSU) and Dr. ArchanaHarikumar, (member, WSU) also shared their views.



MMNSS COLLEGE KOTTIYAM

PG DEPARTMENT OF PHYSICS
in association with IQAC

Organises

ONE DAY WORKSHOP ON MASTERING MS-EXCEL

Resource Person

Dr. RAKHI R.

Assistant Professor

Department of Physics

NSS College, Pandalam

Venue: Computer Lab

Date: 16 - 01 - 2021

Time: 10:00 am - 3.30 pm



2020 - 2021

35

One Day workshop on Mastering MS-Excel


A one day workshop on Mastering M.S-Excel was conducted by the PGE Department of Physics, MMNSS College Kottiyam on 16.01.2021

This programme was aimed to educate the students on using computers effectively.

The resource person was Dr. Rakhi R, Assistant Professor, Department of Physics, NSS College Pandalem. The workshop began at 10 am and the programme came to an end at 3.30 pm.

The vote of thanks was given by Dr. Anu Vijayan, Department of Physics.

The students participation was very good and they actively interacted with the resource person and clearly asked their doubts. The resource person answered all their queries and appreciated the participation of the students.


Coordinator
Dr. Anu Vijayan

HOD
Girija Naru




Principal
M.M.N.S.S. COLLEGE
KOTTIYAM

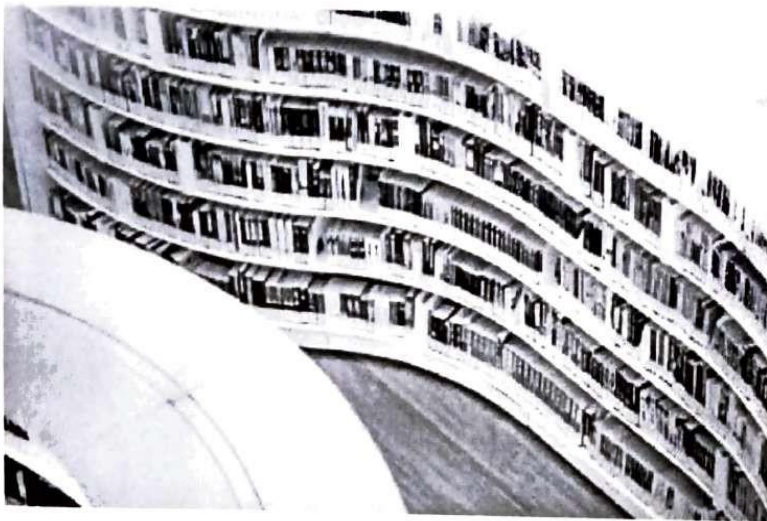


ICT TRAINING – MASTERING MS EXCEL

3 13 PM

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MMNSS COLLEGE, KOTTIYAM
DEPARTMENT OF GENERAL LIBRARY
& IQAC
INDUCTION PROGRAMME - IT &
LIBRARY E-RESOURCES



Venue:-
College Library Hall

Time:- 10 am

Date:-
15/01/2021



MMNSS COLLEGE, KOTTIYAM
DEPARTMENT OF GENERAL LIBRARY

Report of Induction programme on IT and Library E-Resources

Department of General Library in association with IQAC organized an Induction programme to freshers on 15/01/2021. 98 students and 4 faculty members participated in the programme. Sindhu.S, College librarian handled the lecturing sessions. 5 hours were allotted to complete the whole programme.. Dr.Beena.S, College Principal delivered presidential address during the programme. She commented on the role of Library in learning process and relevance of Information Technology for students. Sindhu.S college librarian explained in detail about Library and E-resources in college Library. Student participants were asked doubts and queries with regard to E-resources. College librarian shared her knowledge on E-resources with student participants. Students were enriched with the session and they were highly motivated. Student participants from various departments involved in the session and orientation programme concluded by 1.30 PM.


Principal
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KOTTIYAM