

## SOFT SKILL TRAINING PROGRAMMES 2019- 2020



**MMNSS COLLEGE, KOTTIYAM**

## WALK WITH A SCHOLAR PROGRAMME

2019-2020

## New Initiatives in Higher Education

## Meet with Expert

Resource Person :- Dr. Anil Kumar.C

( Senior Principal  
Scientist, KSCTSE )

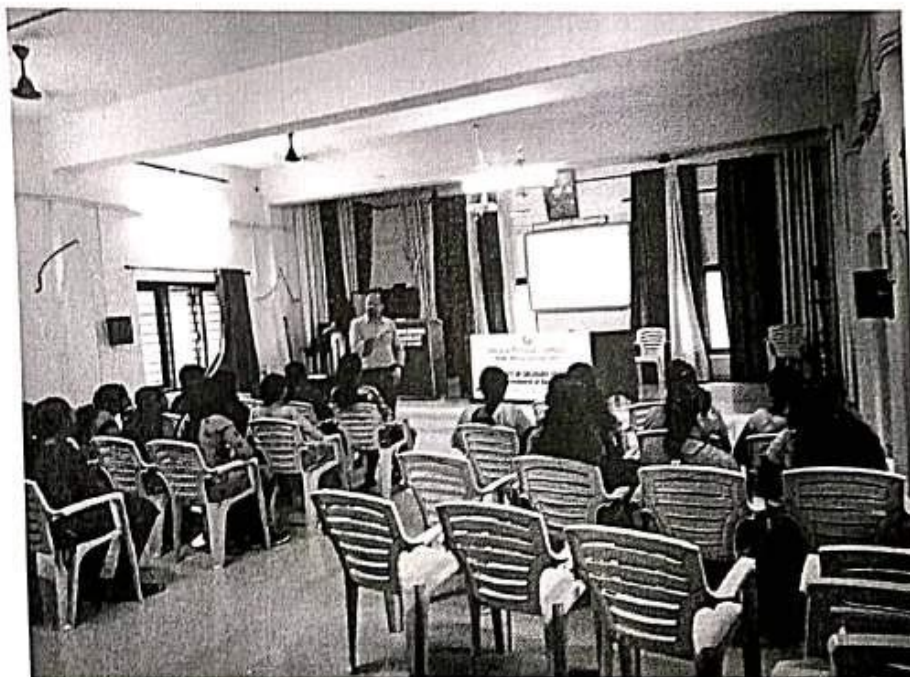
**On 14/12/2019**

## At College seminar Hall

## WALK WITH A SCHOLAR PROGRAMME: 2019-2020

### REPORT OF EXTERNAL MENTORING SESSIONS -14/12/2019

External mentoring sessions for WWS scholars of first year UG on 14/12/19 was handled by Dr. Anilkumar C, Senior principal scientists, KSCSTE, on the topic 'meet with experts-Scientists' at college seminar hall from 2.00 PM to 4.00.PM. 30 scholars were participated in the session and refreshment were provided to resource person from college canteen.



  
WWS Co-ordinator

Mahima.c.v

  
Principal  
Principal  
M.M.N.S.S.COLLEGE  
KOTTIYAM



# MMNSS COLLEGE, KOTTIYAM

## WALK WITH A SCHOLAR PROGRAMME

2019-2020

New Initiatives in Higher Education

### Goal setting and action plan

*Resource Person :-* **Sreeraj. R**

( Training and Placement Officer,  
Bishop Jerome Institute, Kollam )

**On 7/12/2019**

**At College seminar Hall**



## WALK WITH A SCHOLAR PROGRAMME 2019-2020

### REPORT OF EXTERNAL MENTORING SESSIONS -07/12/2019

External mentoring sessions for WWS scholars of first year UG on 07/12/19 was handled by Sreeraj Palakkal, Training and Placement officer, Bishop Jerome institute and school of engineering, Kollam on the topic 'Goal setting and action plan' at college seminar hall from 10.00 AM to 12.PM. 30 scholars were participated in the session and lunch were provided to scholars and resource person from college canteen.



WWS Co-ordinator

*Meh*  
Mahima C.V

*S*  
Principal

Department of English  
MMNSS College, Kottiyam

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Date: 17/11/2019

NOTICE

This is to inform all the students that Department of English has taken an initiative to offer a one-day **Soft skill development program "A session on Interview Skills"** on 20<sup>th</sup> November 2019 to develop the soft skills and personality of the students. The venue and time for the programme is Seminar Hall, at 10 am. Hence, all the aspiring students are hereby requested to contact the convenor, Dr. Kishore Ram, Head of the Department for the enrollment process as well as for any query regarding this notice.

Program Highlights:

- Improving soft skills
- Introduction to Personality development
- Interview tips
- Practical tips and Resources

  
Dr. Kishore Ram

HOD

Department of English



### Report on Soft skill program 2019-2020

Date: November 20, 2019

Venue: Seminar Hall, MMNSS College, Kottiyam

#### **Event Overview:**

On November 20, 2019, the Department of English at MMNSS College hosted a one-day soft skill program "A session on Interview Skills" focused on developing soft skills and giving Career English Guidance. The event aimed to provide students with valuable insights and practical advice regarding career opportunities and the importance of English proficiency in the professional world.

The program featured Vasanth Krishnan, National Level, Kerala State Youth Promotion Council as the key note speaker. He brought a wealth of knowledge and experience to the session, making it an engaging and informative event for all participants.

A total of 55 students from various disciplines attended the program. Their active participation and engagement throughout the session highlighted their interest in exploring career opportunities and enhancing their English language skills.

#### **Program Highlights:**

1. **Introduction to Interview skills and Personality development:** He began the session by discussing various interview skills and career paths where English proficiency plays a crucial role. He highlighted fields such as business, journalism, education, and international relations, emphasizing the growing demand for strong communication skills in the global job market.
2. **Importance of English Proficiency:** The speaker provided insights into how English proficiency can significantly impact career advancement. He shared practical tips on improving language skills, including reading, writing, and speaking exercises.
3. **Interactive Q&A Session:** Following the presentation, he engaged with students through a dynamic question-and-answer session. Students posed various queries regarding career planning, language enhancement techniques, and professional development. The interactive discussion allowed for personalized advice and clarification of doubts.
4. **Practical Tips and Resources:** The session shared a range of resources and tools that students can utilize to improve their English proficiency and explore career opportunities. These included recommended books, online courses, and professional networks.

**Feedback and Outcomes:** The feedback from students was overwhelmingly positive. Many participants expressed their appreciation for the practical advice and guidance provided by him. The program successfully highlighted the importance of English proficiency in career development and equipped students with actionable strategies for improvement.



### Conclusion:

The soft skill development Program was a valuable initiative that offered students a comprehensive understanding of how English proficiency can influence their career trajectories. The expertise and insights shared by Mr. Krishnan have equipped students with the knowledge and tools necessary for their professional growth.

The Department of English at MMNSS College extends its gratitude to Mr. Krishnan for his contribution and to all participating students for their enthusiasm and engagement. The program underscored the department's commitment to providing students with relevant and impactful career guidance.

Report Prepared by

Dr. Kishore R. M.

HOD

Department of English  
MMNSS College

  
Principal  
M.M.N.S.S. COLLEGE  
KOTTAYAM









## WALK WITH A SCHOLAR PROGRAMME 2019-2020

### REPORT OF EXTERNAL MENTORING SESSIONS -16/11/2019

External mentoring sessions for WWS scholars of second year UG on 16/11/19 was handled by Sreeraj Palakkal, Training and Placement officer, Bishop Jerome institute and school of engineering, Kollam on the topic 'soft skills and presentation' at college seminar hall from 9.00 AM to 12.PM. 30 scholars were participated in the session and lunch were provided to scholars and resource person from college canteen.



WWS Co-ordinator

*Mahima*  
Mahima.c.v

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PHOENIX  
M.M.S.S COLLEGE  
KOLLAM



**MMNSS COLLEGE, KOTTIYAM**

**WALK WITH A SCHOLAR PROGRAMME**

**2019-2020**

**New Initiatives in Higher Education**

## **SWOT Analysis and PDP**

**Resource Person :- Rajesh M, L**

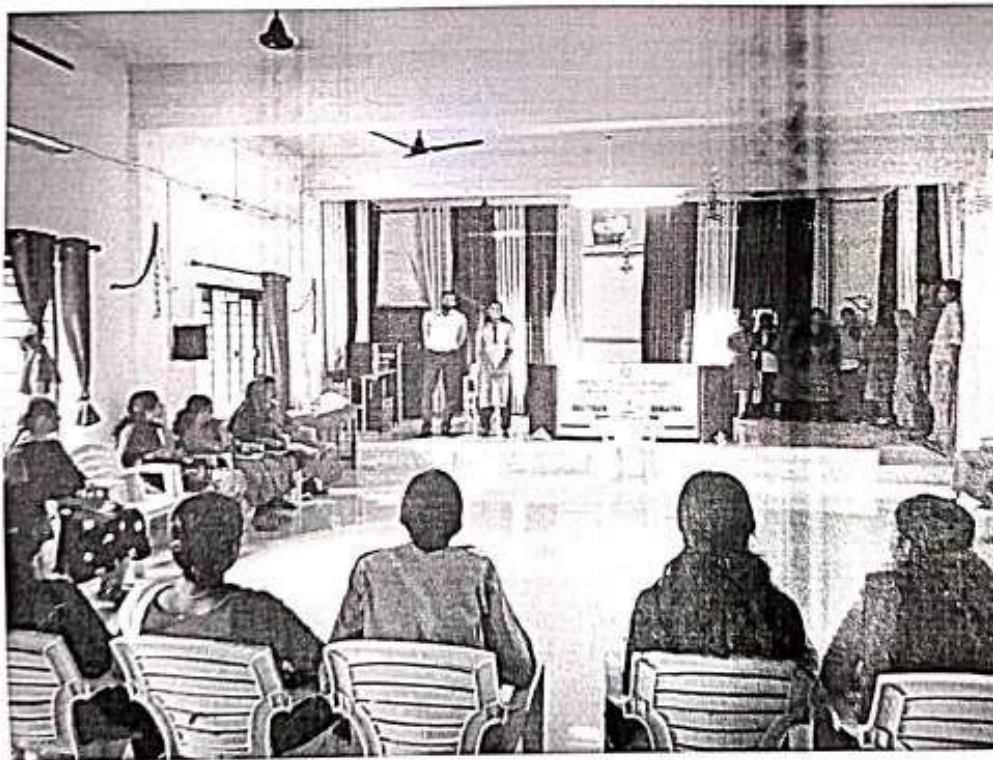
(professional trainer,  
Maruthi Suzuki India Ltd)

**On 2/11/2019**  
**At College seminar Hall**

## WALK WITH A SCHOLAR PROGRAMME 2019-2020

### REPORT OF EXTERNAL MENTORING SESSIONS -02/11/2019

External mentoring sessions for WWS scholars of first year UG on 2/11/19 was handled by Rajesh M L, professional trainer certified by MSIL ( Maruthi Suzuki India Limited) on the topic 'selfawareness-SWOT analysis and PDP' at college seminar hall from 9.00 AM to 12.PM. 30 scholars were participated in the session and lunch were provided to scholars and resource person from college canteen.



WWS Co-ordinator

*Mahima*  
Mahima

*S*  
Principal  
M.N.S.S. COLLEGE  
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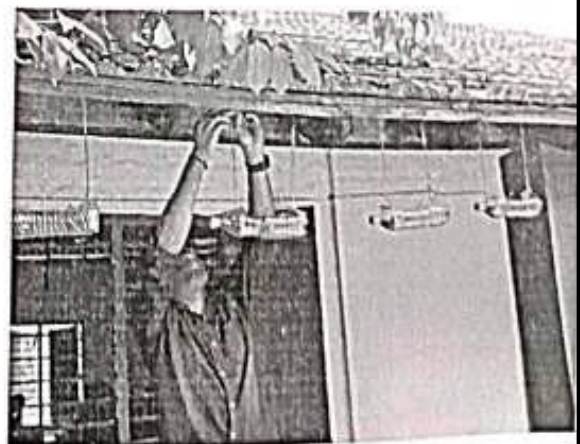


# MANNAM MEMORIAL NSS COLLEGE, KOTTIYAM

## 5.1.2 CAPACITY BUILDING AND SKILL ENHANCEMENT INITIATIVES

1	Programme	Plastic Bottles Gardening
2	Date(s)	28 June 2019
3	Nature of programme	Soft Skill
4	Organised by	NSS
5	Collaboration if any	Nil
6	Resource Person if any	Nil
7	Number of students benefitted	20
8	Number of teachers involved	-
9	Description of the Programme	To reduce plastic waste in college campus, students were collected plastic bottles and engaged in plastic bottle gardening.

Brochure



  
Principal  
M.M.N.S.S. COLLEGE  
KOTTIYAM





## MANNAM MEMORIAL NSS COLLEGE, KOTTIYAM

### 5.1.2 CAPACITY BUILDING AND SKILL ENHANCEMENT INITIATIVES

1	Programme	Paper Pen Making
2	Date(s)	August 3 , 2019
3	Nature of programme	Soft Skill
4	Organised by	NSS
5	Collaboration if any	Nil
6	Resource Person if any	Nil
7	Number of students benefitted	15
8	Number of teachers involved	-
9	Description of the Programme	To reduce plastic waste in college campus and in order to increase the awareness of paper usage among students, paper pen were made and distributed among students within the campus



  
Principal  
M.M.M.S.S. COLLEGE  
KOTTIYAM



# MMNSS COLLEGE, KOTTIYAM

## WALK WITH A SCHOLAR PROGRAMME

2019-2020

New Initiatives in Higher Education

How to review a journal article

*Resource Person :-* Maghesh Rajan. M  
( Assistant Librarian, MG  
University, Kottayam )

On 04/01/2020

At College seminar Hall

## WALK WITH A SCHOLAR PROGRAMME 2019-2020

### REPORT OF EXTERNAL MENTORING SESSIONS -21/12/2019

External mentoring sessions for WWS scholars of First year UG on 21/12/2019 was handled by Maghesh Rajan M, Assistant Librarian, University library, MG University, Kottayam on the topic 'How to read and review an academic book, at college seminar hall from 10.00 AM to 12.00 PM. 30 scholars were participated in the session and lunch were provided to scholars and resource person from college canteen.



  
WWS Co-ordinator

Mahima-cy

  
Principal  
M.M.N.S.S.COLLEGE  
KOTTAYAM





# MMNSS COLLEGE, KOTTIYAM

WALK WITH A SCHOLAR PROGRAMME

2019-2020

New Initiatives in Higher Education

How to read an academic book

*Resource Person :-* Maghesh Rajan. M  
( Assistant Librarian, MG  
University, Kottayam )

On 21/12/2019

At College seminar Hall



## WALK WITH A SCHOLAR PROGRAMME 2019-2020


### REPORT OF EXTERNAL MENTORING SESSIONS -04/01/2020

External mentoring sessions for WWS scholars of second year UG on 04/01/2020 was handled by Maghesh Rajan M, Assistant Librarian, University library, MG University, Kottayam on the topic 'How to review a journal article' at college seminar hall from 10.00 AM to 12.00 PM. 30 scholars were participated in the session and lunch were provided to scholars and resource person from college canteen.



  
WWS Co-ordinator

Mahima.c.v

  
Principal  
Principal  
M.N.S.S. COLLEGE  
KOTTAYAM



# MMNSS COLLEGE, KOTTIYAM

WALK WITH A SCHOLAR PROGRAMME

2019-2020

New Initiatives in Higher Education

## Communication skills

*Resource Person :-*      **Arun. S**  
( Assistant Professor,  
Amritha University, Kollam )

**On 21/12/2019**

**At College seminar Hall**

## WALK WITH A SCHOLAR PROGRAMME 2019-2020

### REPORT OF EXTERNAL MENTORING SESSIONS -21/12/2019

External mentoring sessions for WWS scholars of first year UG on 21/12 /2019 was handled by Arun.S, Assistant professor, Amritha university, Kollam on the topic 'Communication Skills' at college seminar hall from 2.00 PM to 4.00 PM. 30 scholars were participated in the session and refreshment were provided to resource person from college canteen.



  
MAHIMA  
WWS Co-ordinator



  
Principal

Principal  
M.M.N.S.S. COLLEGE  
KOTTAYAM



Department of English  
MMNSS College, Kottiyam

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Date: 7/11/2019

NOTICE

This is to inform all the students that Department of English has taken an initiative to offer a one-day **SPOKEN ENGLISH TRAINING PROGRAM "English for Career"** on 10<sup>th</sup> November 2019 to develop the communication skills of the students. The venue and time for the programme is Smart Class Room, Department of English at 10 am. Hence, all the aspiring students are hereby requested to contact the convenor, Dr. Kishore Ram, Head of the Department for the enrollment process as well as for any query regarding this notice.

Program Highlights:

- Improving Communication skills
- Introduction to Career Opportunities
- Public Speaking
- Practical tips and Resources

Dr. Kishore Ram



HOD

Department of English

Head  
Department of English  
MMNSS College, Kottiyam



## Report on Spoken English Training Program "English for Career" 2019-2020

Date: November 10, 2019

Venue: Smart Class Room, Dept. of English, MMNSS College, Kottiyam

### **Event Overview:**

On November 10, 2019, the Department of English at MMNSS College hosted a one-day program "English for Career" focused on Spoken English Training. The event aimed to provide students with valuable insights and practical advice regarding career opportunities and the importance of English proficiency in the professional and speaking world.

The program featured Dr Gopakumar (Rtd. Associate Professor, M G College, TVM) as the keynote speaker. He brought a wealth of knowledge and experience to the session, making it an engaging and informative event for all participants.

A total of 65 students from various disciplines attended the program. Their active participation and engagement throughout the session highlighted their interest in exploring career opportunities and enhancing their English language skills.

### **Program Highlights:**

1. **Introduction to Career Opportunities:** The session began by discussing various career paths where English proficiency plays a crucial role. He highlighted fields such as business, journalism, education, and international relations, emphasizing the growing demand for strong communication skills in the global job market.
2. **Importance of English Proficiency:** The speaker provided insights into how English proficiency can significantly impact career advancement. He shared practical tips on improving language skills, including reading, writing, and speaking exercises.
3. **Interactive Q&A Session:** Following the presentation, he engaged with students through a dynamic question-and-answer session. Students posed various queries regarding career planning, language enhancement techniques, and professional development. The interactive discussion allowed for personalized advice and clarification of doubts.
4. **Practical Tips and Resources:** The session shared a range of resources and tools that students can utilize to improve their English proficiency and explore career opportunities. These included recommended books, online courses, and professional networks.

**Feedback and Outcomes:** The feedback from students was overwhelmingly positive. Many participants expressed their appreciation for the practical advice and guidance provided by him. The program successfully highlighted the importance of English proficiency in career development and equipped students with actionable strategies for improvement.

### **Conclusion:**

The Career English Guidance Program was a valuable initiative that offered students a comprehensive understanding of how English proficiency can influence their career trajectories. The expertise and insights shared in the programme have equipped students with the knowledge and tools necessary for their professional growth.



The Department of English at MMNSS College extends its gratitude to Dr. Gopakumar for his contribution and to all participating students for their enthusiasm and engagement. The program underscored the department's commitment to providing students with relevant and impactful career guidance.

Report Prepared By:

Dr. Kishore Ram

HOD

Department of English  
MMNSS College

Head

Department of English  
MMNSS College, Kottiyam

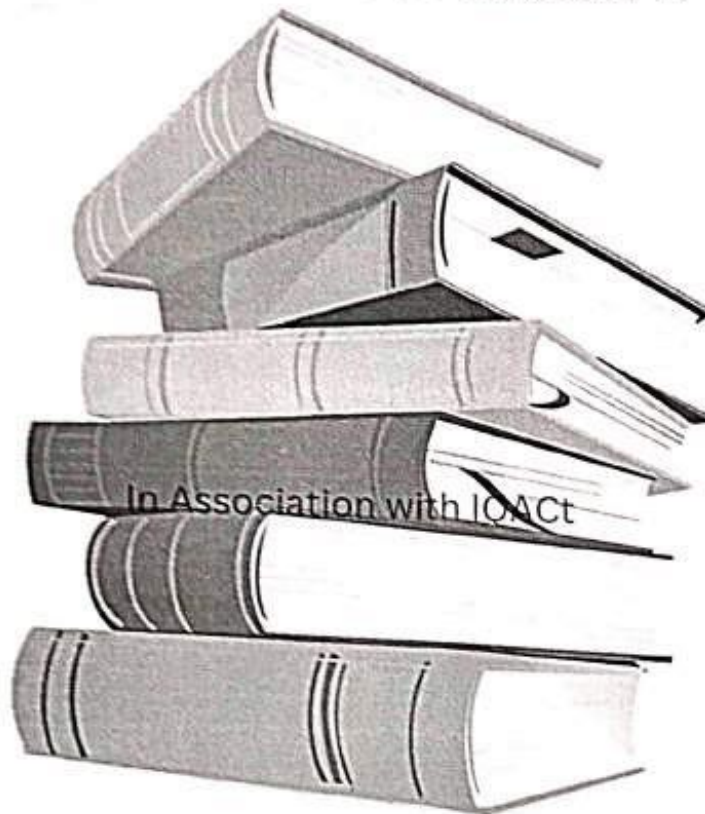
Principal  
M.M.N.S.S. COLLEGE  
KOTTIYAM



Date  
20/06/02019

seminar Hall

# VAYANA DINAM



In Association with IQAC

MMNS S  
COLLEGE  
KOTTIYAM

In Association With IQAC



**M M N S S COLLEGE, KOTTIYAM**  
**DEPARTMENT OF GENERAL LIBRARY**

Report of Extension Activity – Vayana Dinam Seminar conducted  
by Department of General Library & IQAC

As part of Reading Day, Department of General library & IQAC conduct a talk on Reading and its importance on 20-06-2019 at 10.30 am at college Seminar Hall. This programme was inaugurated by D P Abhijith (Short Story writer) . welcome Speech by Sindhu S Librarian . Our Principal Dr. Sujatha T S given a good Presidential address , felicitation by Dr Prakash Chandran ( P T A Secretary), Dr Syam Krishnan( Department of Chemistry) vote of thanks by Dr Ratheesh( Department Of Physics) . Most of the students, Teachers and Non Teaching staff were participated in the seminar . The student participants were highly benefited with the content of the seminar and the session concluded by 1.00 PM.

  
LIBRARIAN  
M.M.N.S.S. COLLEGE  
KOTTIYAM



  
Principal  
M.M.N.S.S. COLLEGE  
KOTTIYAM





# MMNSS COLLEGE, KOTTIYAM

## WALK WITH A SCHOLAR PROGRAMME

2019-2020

New Initiatives in Higher Education

### Art and Self Development

**Resource Person:- S Vikraman Nair**  
( karate Instructor, SK&  
SA, Kollam )

**On 15/01/2020**

**At College seminar Hall**

## WALK WITH A SCHOLAR PROGRAMME 2019-2020

### REPORT OF EXTERNAL MENTORING SESSIONS -15/01/2020

External mentoring sessions for WWS scholars of first year UG on 15/01/20 was handled by S. Vikraman Nair, Karate instructor, SK&SA, Kollam on the topic 'Art and self development' at college seminar hall from 10.00 AM to 12.00.PM. 30 scholars were participated in the session and refreshment were provided to resource person from college canteen.



  
WWS Co-ordinator

Mahima C.V

  
Principal  
M.M.M.S.S.COLLEGE  
KOTTIYAM

## MANNAM MEMORIAL NSS COLLEGE, KOTTIYAM

### 5.1.2 CAPACITY BUILDING AND SKILL ENHANCEMENT INITIATIVES

1	Programme	Yoga Day Celebrations
2	Date(s)	21 June 2019
3	Nature of programme	Life skills
4	Organised by	NSS
5	Collaboration if any	Nil
6	Resource Person if any	NIL
7	Number of students benefitted	50
8	Number of teachers involved	8
9	Description of the Programme	International yoga day was celebrated on June 21 <sup>st</sup> in the college auditorium. Volunteers practiced yoga as part of it. The program was organized in collaboration with the health club and our NSS unit.



  
 Principal  
 M.M.N.S.S. COLLEGE  
 KOTTIYAM





1	Programme	International Yoga Day
2	Date	21/6/2019
3	Nature of Programme	Life Skills
4	Organized by	NCC, Kollam Group HQ
5	Collaboration if any	
6	Resource Person if any	
7	Number of students benefited	40 NCC cadets of MM NSS College) + students from other colleges and schools
8	Number of teachers involved	01 (Associate NCC Officer of MM NSS College)
	Report	Our NCC unit participated in the yoga day celebrations held at SN Public school, Kollam on June 21/2019. Cadets did yoga for 2h and learned the basic techniques.

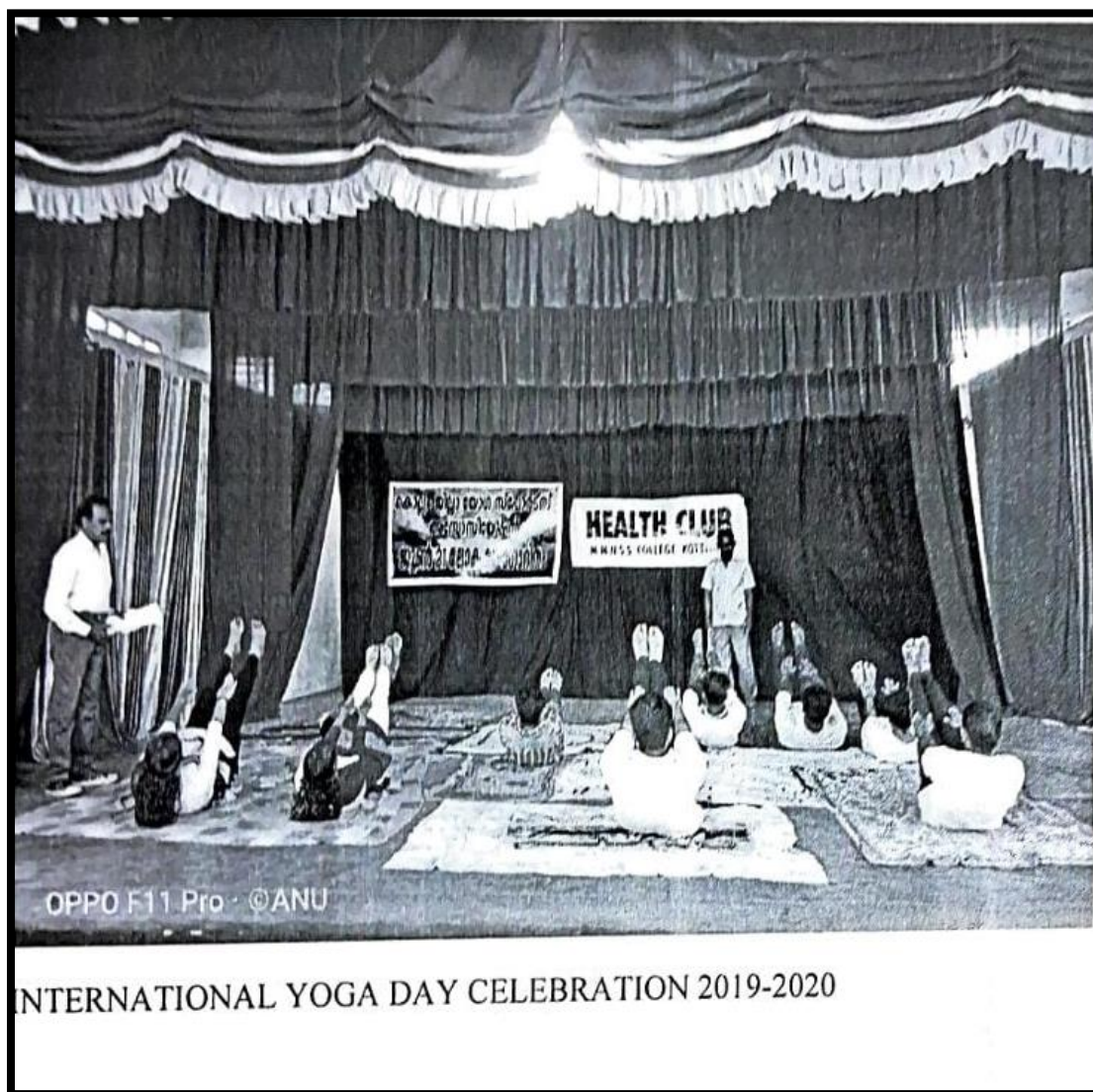


Principal  
M.M.N.S.S. COLLEGE  
KOTTIVAM



## Department of Physical Education – International Yoga Day Celebrations


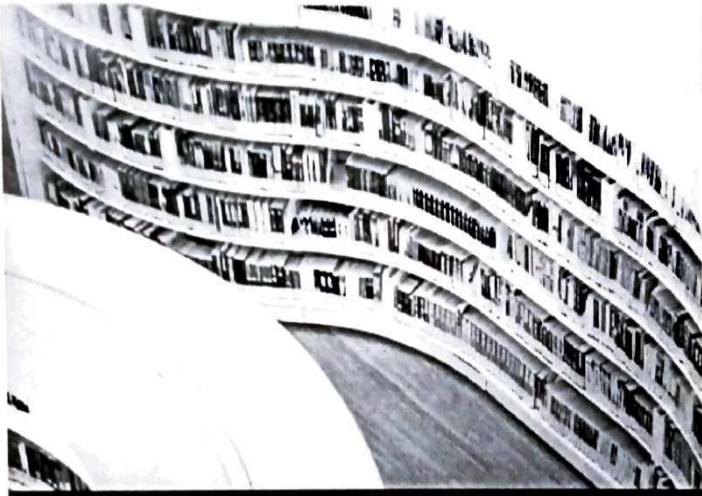
Department of Physical Education in association with Health Club organized International Yoga Day Celebrations on 21<sup>st</sup> June 2019.




## IT SKILL ENHANCEMENT PROGRAMME – 2019-20

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**MMNSS COLLEGE, KOTTIYAM**  
**DEPARTMENT OF GENERAL LIBRARY  
& IQAC**  
**ORIENTATION TO FRESHERS**  
***LEARN WITH INFLIBNET***



**Venue: College  
Library Hall**  
**Time: 11.00AM**  
**on 20/08/2019**





**MMNSS COLLEGE, KOTTIYAM**  
**DEPARTMENT OF GENERAL LIBRARY**

**Report of Orientation to Freshers-Learn with INFLIBNET**

Department of General Library in association with IQAC organized an orientation programme to freshers on 20/08/2019. 123 students and 4 faculty members participated in the programme. Sindhu.S, College librarian handled the lecturing sessions. 5 hours were allotted to complete the whole programme.. Dr.Sujatha S, College Principal delivered presidential address during the programme. She commented on the role of Library in learning process and How extend the online facilities helps to equip students to learn about new facts and figures. Sindhu.S college librarian explained in detail about INFLIBNET, membership procedure and how to search in INFLIBNET for an article or literary work. Students were enriched with the session and they were highly motivated to lean about e-resources. Student participants from various departments involved in the session and orientation programme concluded by 2PM.



**Principal**  
**M.M.N.S.S.COLLEGE**  
**KOTTIYAM**



# **MMNSS COLLEGE KOTTIYAM**

## **DEPARTMENT OF PHYSICS**

*in association with IQAC*

**Organises**

### **ONE DAY TRAINING PROGRAMME ON MICROSOFT WORD AND EXCEL**

**Resource Person**

**Ms. JAYALEKSHMI K K**

Assistant Professor

Department of Mathematics

NSS College, Pandalam

**Venue: Computer Lab**

**Date: 26 - 10 - 2019**

**Time: 10:00 am**



2019-2020

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## One Day Training Programme on Microsoft Word and Excel.

### Report

P.G. Department of Physics, MMNSS College Kottiyam organized a one day training programme on Microsoft Word and Excel on 26.10.2019 at the Computer Laboratory of the college.

Ms. Jayalekshmi K.K., Assistant Professor Department of Mathematics, NSS College Pandalam has given a hands on training programme for the students of the college.

The programme started at 10am and concluded at 3pm on the same day.

The programme was successful as we were able to give knowledge in Microsoft Word and Excel.

The students actively participated and many positive feedback were received from the students. They appreciated the effort tremendously.



Coordinator  
Dr. Anu Vijayan.



HOD  
Ms. Grijja Nair

  
Principal  
M.M.S.S. COLLEGE  
KOTTIYAM







**TRAINING PROGRAMME ON MS EXCEL**