



**MANNAM MEMORIAL NSS  
COLLEGE KOTTIYAM  
DEPARTMENT OF COMMERCE**

**Hands on session on GST for business  
people  
in Kottiyam**



**Venue: seminar hall**



**21 November 2019**

**10.00 am**

FOR BUSINESS PEOPLE IN KOTTIYAM

1st Session on GST  
21/11/2019  
Department - Commerce  
MMNSS College Kottiyam



Sl

21/11/19

**MMNSS COLLEGE, KOTTIYAM  
DEPARTMENT OF COMMERCE**

**Report**

**Report on the Hands-on Session on GST for Business People**

**Date:** 21st November 2019

**Venue:** Seminar Hall, MMNSS College, Kottiyam

**Participants:** 65

The Department of Commerce, MMNSS College, Kottiyam, successfully organized a hands-on session on GST for business people on the 21st of November, 2019. The event aimed to provide participants with a comprehensive understanding of GST provisions, types, registration procedures, and hands-on experience with GST filing.

The session commenced at 10:00 AM with the registration of participants, followed by the inauguration by Dr.T.S Sujatha, Principal of MMNSS College, Kottiyam. In her inaugural address, she highlighted the importance of understanding GST for the smooth operation of businesses in the current tax regime.

M. Sreekumar, Assistant Professor and Head of the Department of Commerce, presided over the session as the Chairman and emphasized the practical relevance of GST knowledge for business people.

Kavitha L, Assistant Professor, Department of Commerce, delivered a felicitation speech, appreciating the enthusiasm of the participants and encouraging them to make the most of the session.

The first technical session, which began at 11:15 AM, covered the provisions, types, and procedures for GST registration. The resource person presented a detailed overview, which was highly appreciated by the participants.

The second session, which focused on the practical aspects of GST and filing procedures, provided the participants with hands-on experience in filing GST returns. The resource person guided them through the process, answering various queries from the audience.

The session concluded with an open discussion and a Q&A segment, where participants clarified their doubts and shared their experiences.

The event was concluded at 1:00 PM with a vote of thanks from Mahima C V, who expressed their gratitude to the participants, resource persons, and faculty members for their contributions to making the event a success.

Overall, the session was well-received, and the participants gained valuable insights into the practical aspects of GST.



SREEKUMAR, M  
Associate Professor & Head  
Dept. of Commerce  
MMNSS College  
Kottiyam, Kollam



Distribution of Hand Sanitizer at SBI, K  
(20/4/2021)  
by  
Department of Chemistry





Distribution of Hand Sanitizer at Kothiyar  
Police station (20/4/2020)

at 12:50 pm.

20/4/2020

## Large Scale Preparation of Hand Sanitizers for Govt. Offices & Public Servants

Dr. R. PRAKASH CHANDRAN  
Head, Dept. of Chemistry  
M.M.N.S.S. College, Kottiyam - 691571  
chandrak@kash@gmail.com

Amid the Covid outbreak, handwash and hand sanitizers were a highly essential commodity which was facing severe shortage. To overcome this, the faculty & students of department of Chemistry prepared 50 litres of hand sanitizer for distribution among the government offices like Police Station, Post Office and the banks. The sanitizer was prepared as per WHO protocol by the students under the guidance of staff using raw materials purchased by the college. The Principal and staff of the college visited the above said offices and distributed 10-15 litres each of the sanitizer to them.

Dr. R. PRAKASH CHANDRAN  
Head, Dept. of Chemistry  
M.M.N.S.S. College, Kottiyam - 691571



**MMNSS COLLEGE, KOTTIYAM**

**DEPARTMENT OF ZOOLOGY**

**ORGANISES AN**

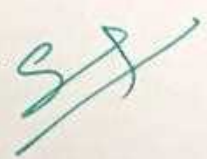
**API EXPO (APICULTURE) 2020 SEMINAR CUM EXHIBITION**

**DATE 03/03/2020**

**VENUE - SEMINAR HALL**

**PROGRAMME SCHEDULE**

- 10.00 AM** : **Prayer & Acharya anusmaranam**  
**(III DC students)**
- 10.05 AM** : **Welcome**  
**Dr. Lekshmy S ( HOD, Department**  
**of Zoology)**
- 10.10 AM** : **Presidential address**  
**Dr. T S Sujatha (Principal, MMNSS**  
**College Kottiyam**
- 10.20 AM** : **Key note address**  
**Mr. Sunil B. (Regional Manager, Bee**  
**keeping centre, Mavelikkara &**  
**Divisional Engineer of kerala Agro**  
**Industries Corporation Ltd.)**
- 10.30 AM** : **Felicitation**  
**Dr. Reshmi R (Asst Professor, Dept of**  
**Zoology)**



Dr. Sreeja .V (Asst Professor, Dept  
of Zoology)

Dr. Jayalekshmi R (Asst Professor, Dept of  
Botany)

10.45 AM

: Seminar on Apiculture

Resource person - Mr Sunil B

10.30-3.30 PM

: Exhibition

3.45 PM

: Vote of Thanks

Devika Unni (III DC)

SL





സുഹൃത്തേ,

പ്രകൃതിയിൽ നിന്ന് ലഭിക്കുന്ന ഊർജ്ജദായകവും തൊഴുപ്പുരഹിതവും ഔഷധഗുണമുള്ള ഭക്ഷണമാണ് തേൻ. കുട്ടികൾക്ക് ഉന്മേഷവും ഓർമ്മശക്തിയും വർദ്ധിപ്പിക്കാൻ തേൻ ഉത്തമമാണ്. ദുർബ്ബലസ്സ് കുറയ്ക്കാനും രോഗപ്രതിരോധ ശേഷി വർദ്ധിപ്പിക്കാനും തേനിനുള്ള കഴിവ് ആയുർവ്വേദത്തിന്റെ അടിസ്ഥാന ഗ്രന്ഥമായ അഷ്ടാംഗഹൃദയത്തിൽ വിശദീകരിച്ചിട്ടുണ്ട്. തേൻ നിത്യ ഭക്ഷണത്തിൽ ഉൾപ്പെടുത്തി നല്ല ഭക്ഷണ ശീലം പിന്തുടരാം.

സ്റ്റേറ്റ് ഹോർട്ടികൾച്ചർ മിഷൻ നടപ്പാക്കുന്ന തേനീച്ച വളർത്തൽ പ്രോത്സാഹന പദ്ധതിയുടെ കെരളത്തിലെ നോഡൽ ഏജൻസിയാണ് ഹോർട്ടികോർപ്പ്. കെരളത്തിലെ കർഷകരിൽ നിന്ന് സംഭരിക്കുന്ന തേൻ ശാസ്ത്രീയമായ രീതിയിൽ കൃത്യതയോടെ സംസ്കരിച്ച് അമൃത് ഹണി എന്ന പേരിൽ വിപണനം ചെയ്തു വരുന്നു.

അമൃത് ഹണി പ്രകൃതിയുടെ ശുദ്ധിയോടെ ഹോർട്ടികോർപ്പിന്റെ വിശ്വാസ്യതയോടെ താങ്കളുടെ തെക്കുകളിൽ എത്തിക്കുന്നതിനായി ഹോർട്ടികോർപ്പിന്റെ തേൻവണ്ടി/ഹണിവാൻ... March 3-20 2020 M.M.N.S.S College

..... 10:30 am ..... എത്തിച്ചേരുന്നു. കാട്ടുതേൻ, മുരിങ്ങതേൻ, തുളസീതേൻ, പാമ്പാട്ടു തേൻ, ചക്കത്തേൻ, തവളത്തുളളിത്തേൻ, ഇഞ്ചിത്തേൻ, കായ്തേൻ എന്നിങ്ങനെ വിവിധതരം തേനുകൾ, തേൻ അധിഷ്ഠിത ഉൽപ്പന്നങ്ങൾ, തേൻ ഉപയോഗ ഉപയോക്താക്കൾക്ക് സൗകര്യവർദ്ധക വസ്തുക്കൾ എന്നിവ ഈ വേദികളിൽ നിന്നു ലഭിക്കും.

ഈ അവസരം പരമാവധി പ്രയോജനപ്പെടുത്തണമെന്ന് അഭ്യർത്ഥിക്കുന്നു. സുഹൃത്തുക്കളേയും ഈ സന്തോഷ വാർത്ത അറിയിക്കുമല്ലോ. വിശ്വസ്തതയോടെ,



*Handwritten signature and date: 2/3/20*


റീജണൽ മാനേജർ  
തേനീച്ച വളർത്തൽ കേന്ദ്രം  
കല്ലിമേൽ പി.ഒ, മാവേലിക്കര  
0479 2356695  
beekeepingcentre@gmail.com


*Use 'Amruth Honey' eternal food*



## API EXPO (Apiculture) 2020 Seminar cum Exhibition.

Department of Zoology in association with HortiCorp organised and conducted a one day Seminar cum Workshop on Apiculture on 03/08/2020. The programme was held from 10.00 Am to 3.45 pm at Seminar Hall. The programme started with Prayer & Acharyanusmaranam <sup>Namikka & Varanama Mahesh.</sup> (III BSc Zool Students). Dr. Lekshmy.S, HOD, Dept of Zool delivered welcome address. The function was presided over by Dr. T.S Sujatha, The Principal of our College. In her Presidential address she mentioned the advantages of extending apiculture in the society. The Regional Manager, Beekeeping Centre, Mavelikkara & Divisional Engineer of Kerala Agro Industries Corporation Ltd Mr. Sunil B was the Chief Guest of the programme. He delivered a keynote address about the programme. Dr. Reshmi R (Asst Professor in Zoology) made felicitation to the programme. The Technical session started at 10.45 am by Mr. Sunil B. He made an interesting power point presentation about various aspects of apiculture. He also brought Honey bee hive, colony, various instruments used in apiculture like honey extractor, mask, smoker etc to familiarise students the instruments used in apiculture. The session was very interesting and informative to all those attended the Programme. Students from III Bsc Zool, I Bsc Zool & III Physics attended the Programme. The Regional Manager of Beekeeping centre Mavelikkara, Mr. Sunil also emphasised the subsidies given by the Govt in promoting Apiculture in the society. Dr. Sreekumar. M (HOD of Commerce) & Dr. Prakash Chandran (HOD of Chemistry) also attended the programme. Vote of Thanks was expressed by Ms Devika Unni (III Bsc Zool). The programme ended by 3.45 pm.

  
Principal  
M.M.N.S. COLLEGE  
K. J. P. ROAD

  
(Dr. LAKSHMY.S)  
HOD, Zool.



## LUNCH BREAK

2.00 pm - 3.30pm

: QUIZ COMPETITION  
Topic: 'Conserve Energy and  
Save Nation.'

Vote of thanks

: ANUSHA.M.G.  
(Asst. Professor in Physics  
& Convener of Science Club)

Members of Faculty :

Dr. ANU VIJAYAN  
Dr. RATHEESH KUMAR.V.  
Ms. SRUTHY.S.L.  
Ms. ASWANI.V.S.  
Mr. JAGADEESH.M.  
Ms. SURYA.S.MOHAN

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## POST GRADUATE DEPARTMENT OF PHYSICS

A SEMINAR ON  
ENERGY MANAGEMENT AND CONSERVATION-EMC-2019  
AS A PART OF

### **National Energy Conservation Day**

*December 18, 2019*

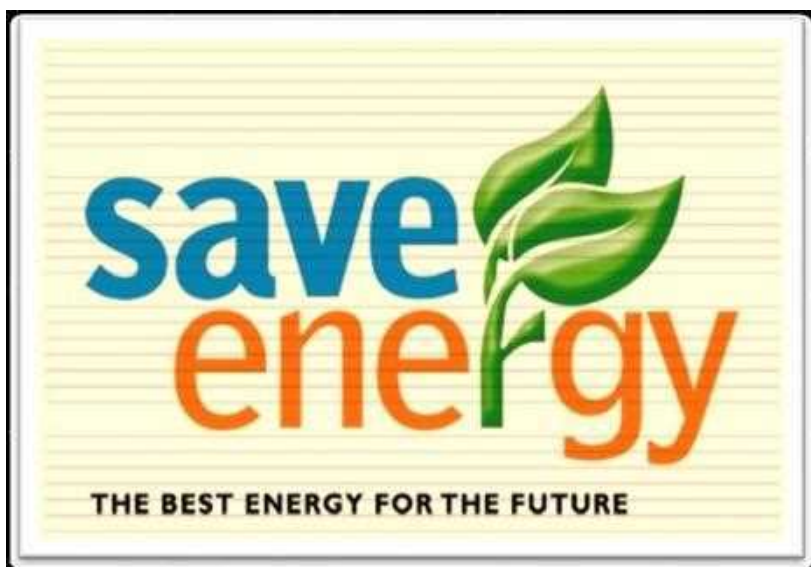


**MM NSS COLLEGE, KOTTIYAM,  
KOLLAM - 691571**



Dear Sir/Madam

The Post Graduate Department of Physics, MMNSS College is organizing a seminar on *Energy Management and Conservation*, in association with Science Club and Energy Club. This programme is aimed at bringing together the society *to spread the awareness of useful management of Energy*. This seminar also focuses on the awareness of the society to Energy Conservation and on the potential of reducing energy demand through energy-saving activities.



**POST GRADUATE DEPARTMENT OF PHYSICS**  
**A SEMINAR ON**  
**ENERGY MANAGEMENT AND CONSERVATION-EMC-2019**  
**(National Energy Conservation Day)**  
**PROGRAMME SCHEDULE**

10.00 am	:	Inauguration
Prayer	:	PHYSICS STUDENTS
Welcome address	:	GIRIJA NAIR (Head, Dept.: of Physics)
Presidential address	:	Dr. SUJATHA.T.S. (Principal, MMNSS College, Kottiyam)
Felicitations	:	
TEA BREAK		
11.00 am – 12.00 pm	:	Invited Talk ( <b>Mr. ANIL JOHNSON</b> Assistant Executive Engineer KSEB, Kottiyam)
12.00 pm – 12.30 pm	:	A talk on Conservation of Energy by Student Representative SARATH (II <sup>nd</sup> B.Sc. Physics)
12.30pm – 1.00 pm	:	POSTER PRESENTATION by the students.



## Photos

### **POST GRADUATE DEPARTMENT OF PHYSICS, MMNSS COLLEGE KOTTIYAM.**



*The Welcome Address*



*Talk by Mr. Anil Johnson*



*Audience*

**Effective energy management on 18.12.2019.**



## **Report**

**POST GRADUATE DEPARTMENT OF PHYSICS, MMNSS COLLEGE KOTTIYAM.**

Extension Activity  
Effective energy management –**2019**.

This programme aimed at bringing together the society to spread the awareness of useful management of Energy, with the prime focus on Energy Conservation and the potential of reducing energy demand through energy-saving activities. The main attraction of the day was an invited talk by Mr. Anil Johnson, who is the Assistant Executive Engineer, KSEB, Kottiyam.

As a part of the extension activity of the PG Department of Physics, this seminar was organized on 18.12.2019 though it was observed on 14.12.2019. The programme was aimed at bringing together the society to spread the awareness of effective management of energy. The function was inaugurated by Dr. G. Girijadevi, Principal, MMNSS College, Kottiyam. Certain Invited talks and Question Answer session were included in the seminar.

Effectiveness of an energy consumption information system on energy savings in residential houses based on a survey and data sheet was also done. Model of Data sheet is attached here with. The seminar was a successful and effective one.

Head of the Department

Girija Nair

## Cleanliness Drive: Gandhi Jayanthi-October 2<sup>nd</sup> 2019









## International Yoga Day June 21<sup>st</sup> 2019





**Leave only Footprints: Save our Beaches**  
**Beach Cleaning- Thanni Beach, Kollam (12/12/2019)**





## Run Against Drugs

Drug Awareness Marathon-Cantonment Ground, Kollam (16<sup>th</sup> June 2019)





## Fight against COVID-19: Mask Distribution

9/5/2020



25/4/2020

25/4/2020



## NCC cadets helping Civil Administration in the fight against Covid-19

### Controlling Crowd at Public Places (6-28<sup>th</sup> May 2020)





## **Details of Program ( 2019-20 )**

1. NIMISHAM- *A SHORT FILM* (2/3/2020)



2. PALLIATIVE HOME CARE PROGRAMME (12/2/2020)



3. MEDICAL CAMP (08-08-2019)



4. SWATCHATHA PLEDGE (1/8/ 2019)



4. **WALL PAINTING (29-07-2019)**



5. **ANGANAVADI CLEANING (09-08-2019)**



6. **FLOOD RELIEF ACTIVITIES (13-08-2019)**





7. **BLOOD DONATION CAMP( 20-08-2019)**



8. **ANNAM PUNYAM (4/8/2019)**



9. **ANTI DRUG AWARENESS PROGRAMME (24-10-2019)**



10. **MEALS PACKETS DISTRIBUTION (17-01-2020)**



11. **BLOOD DONATION CAMP (20-08-2019)**



**Details of Program ( 2018-19 )**

1. **VILAVEDUPPU ( 16-08-2018)**



2. **FLOOD RELIEF ACTIVITIES (13-08-2018)**

